



The Need Itself Speaks What It Seeks

By Guy Finley

All forms of (persistent) discontentment in one's life are evidence of some deep-seated need that has gone unanswered; this much is evident. But what we don't see is that nothing we've been given to dream has the power to dismiss this (kind of) suffering...to bring it to an end.

Taken altogether these self-evident facts point to an unthinkable realization, and subsequent prescription for our pain: no true need of ours can ever be reconciled by the level of self that can only imagine ways to answer it. In other words, the need itself speaks what it seeks, so that either we learn to listen to it, attend to it fully...or slowly perish in a series of dark dreams...unending.