



WEDNESDAY, MAY 6, 2020

How to Develop and Deepen Your Relationship with the Divine

Key Lesson: We cannot keep trying to "delight" ourselves, and develop ourselves — spiritually — at the same time, any more than we can have our cake and eat it too. But once we understand that the work of developing our soul is the only pleasure that never turns into some painful opposite...then our life becomes delightful to Heaven and earth, alike.

Talk Takeaways

- We currently live within a level of consciousness that wants and doesn't want, loves and despises, all at the same time.
- Real self development is a new kind of awareness in which our present level of consciousness becomes fully present to us. We enter into a level of awareness that allows us to be conscious of a part of ourselves that is asleep.
- Our true self is the awareness of our present level of consciousness.
- What is developed in time, passes in time.
- Real development is the creation of a realization that grants the soul entrance into something timeless.
- We are interested in something that is not subject to the passage of time. "It is wise to seek immortality because time defeats all other ambitions."
- We must have something greater than ourselves — above us — act upon us, otherwise change is not possible.

- In order for us to be changed, we must be in relationship with something greater than ourselves.
- Something greater than us acts on us to show us that we are not what we have always taken ourselves to be.
- No one part of us can develop the whole of us.
- We can't change our consciousness by wishing that we weren't it.
- There is no development of self without the dying of self — die to a consciousness that we have always taken to be the whole of ourselves.
- SWITCH: Stay With It Till Change Happens. Stay in the awareness of the consciousness instead of letting that consciousness tell us what has caused the reaction.
- The present level of consciousness that we're talking about can't wait to condemn its own commentary.
- The reason for all the comparison in the mind is because it keeps a false sense of self-importance going.
- It makes no difference what you choose, unless your first choice is to be watchful.
- A person who loves something is actually free of ambition.
- Can there be any need to achieve without there being an image of what it means to be successful? No.
- The revelation of the qualities of consciousness is the same as the gradual dismantling of the illusion that those qualities are 'I.'
- We are not trying to escape ourselves, we are trying to see that there has never been a "self" to escape.
- Hell is a divided consciousness trying to escape itself. Let the light reveal that hell, which it will.
- Remain with what you are aware of without engaging in a dialog about what you are aware of.
- Stop trying to figure out why you are in pain. Thought blocks. Awareness reveals.