



WEDNESDAY, MAY 20, 2020

## **Transform Resistance into Conscious Persistence and Realize a Limitless Life**

Key Lesson: Whether to resist a challenging, unwanted moment, or to persist with our wish to transcend whatever limitation it reveals in us...that is the question! But to be clear, which of these two possibilities flowers into a greater power all depends on the one that we choose to nourish and grow.

### **Talk Takeaways**

- There is a kind of greatness that shines even through the darkness night. Our task is to recognize where we have been misdirected, misled by the world's ideas of what real strength and greatness is.
- Our idea of strength has betrayed us, because in this world strength is something borrowed, something that will be gained when we possess things. Our idea of strength has always been connected to adding something to ourselves as we imagine it.
- Real strength can never be lost. Love cannot lose its kindness. Real victory cannot be snatched from your hands.
- The real victory in life is a spiritual victory. Any other victory is dependent upon conditions.
- The true definition of "winning" is leaving the moment with more clarity and wisdom.

- Whatever comes to us has come for us from an indefinable greatness that already lives within us.
- We can only see when we do not know, because then thought is not going in front of us to tell us what everything means.
- What is faith other than understanding that "as above, so below," "as within, so without," and "as with the universe, so it is with the soul." The soul is the universe in scale. Faith is being able to see that.
- The unique characteristic of any true master is that they have been able to use resistance and pain as part of the perfection of their endeavor. A master learns to not be afraid of any pain that is encountered that is born of resistance. Any true master has had to pay for their gift.
- What is it that moves us through resistance? Persistence. Conscious persistence never fails to attract new and higher powers.
- We can't be attracted to a new possibility without meeting an old nature within us. There is a passageway, but we have to get out of the way so that it can open for us.
- Every wish to do something naturally comes with an opposing force. Limitations will appear in the way, but we can understand those limitations and the resistance that comes along with them. We can understand the purpose of the resistance.
- The greater the resistance, the greater the indication of possibility. Resistance is not an impassible barrier, but a passageway to understanding.
- Real winning is remaining inwardly persistent in the moment of resistance, to have a revelation about the nature that is producing that resistance.
- Staying, persisting with what seems impossible grants you an insight into the consciousness that is telling you it is impossible.

- We're not trying to win a fight. We're trying to open up a new understanding. We're not trying to win something. We are aiming to see.
- The onset of resistance is asking if you will stay there with it for just a moment. If you can do that you will see something. The glimpse is the key. The glimpse is a moment of the light entering into that darkness and revealing something that was formerly hidden.
- Our mind is currently bound to the idea that cause and effect are separate from each other. The seed, in time, reveals what it already is and will be. The substance of the seed dies so that the next form of itself can live and grow.
- Freedom is not a static condition. Freedom is connected to the revelation that life is not static.
- We can't know what the next level of understanding is. We can only die to the old understanding. Wanting to recognize the new, before it arrives, is a characteristic of the old understanding.
- Understanding scale by direct perception is the heart of persistence.
- Frustration is the evidence of the misunderstanding of resistance. Seeing the connection between frustration and resistance is the beginning of using that resistance in a new way.