



FRIDAY, JUNE 19, 2020

## **Realize Your Relationship with the Divine and Reclaim Your True Self**

Key Lesson: When you realize that no one else on this earth can be like you – that no other soul can know the beauty, sorrow, light, and darkness you alone have been given to see – then you will no longer want to be like anyone else on this earth. You will, at last, be the fearless discoverer of all that is true about the worlds around and within you, and in the Light of this Grace...be set free.

### **Talk Takeaways**

- Special Writing: What Is My Self? [https://gfmisc.s3.amazonaws.com/20200619\\_specialwriting\\_what\\_is\\_my\\_self.pdf](https://gfmisc.s3.amazonaws.com/20200619_specialwriting_what_is_my_self.pdf)
- Why haven't we lived up to the innate greatness that is seeded in our soul? Why haven't we been true to ourselves? Why have we been everyone else but ourselves? Why can't we effortlessly be ourselves? We have been acting out a role, possessed by the idea that we must be a certain person under certain circumstances in order to attain greatness.
- The idea of "the beauty and the wisdom of just being yourself" sounds fantastic and easy to do, but it is so hard to understand because we believe that we already ARE true to ourselves.
- The journey begins with a new relationship with our own consciousness. The journey begins within us.

- Whenever we see people exhibit grace in the face of suffering, we are drawn to that individual. All who arrive at a point of grace have gotten there due to the action of true self-knowledge.
- Any true principle already exists as a part of our consciousness, only hidden from us at present.
- Willingness to receive the revelation of all that we are is the journey to grace. In that awakening we realize all of the knowledge that had been hidden in the dark of ourselves up until that point. The truth is revealed to have always been a part of our consciousness.
- We do not MAKE ourselves conscious, we are MADE conscious of ourselves. And there is no end to what we are made conscious of as it is revealed to us in each passing moment.
- The problem is that we love one kind of revelation, but despise the other. We love and identify with anything that confirms who we think we are, but reject and judge anything that does not confirm what we imagine ourselves to be. The denial and refusal of those revelations is the reason why we blame and complain.
- What we don't yet have is an awakened understanding that who and what we are cannot be defined or confined by the revelation of anything that appears in our consciousness, regardless of its character.
- It is a knee-jerk reaction to reject anything that runs counter to what this sleeping level of consciousness holds true about itself.
- Resistance to anything is a form of identification.
- "As above, so below." The whole of the physical world is nothing other than a beautiful reflection of the world above it that gives birth to all that is manifested.
- When we wade into the ocean, we know that all of the currents we experience are not "who we are." Similarly, we are always standing in the ocean of life, and it is within us, all of it moving through us all the

time. We are all of that and more, but we don't know what to do with all of those currents and waves.

- We have been conditioned to instantly reject what a part of us does not want to experience, and so are remanded over to a level of ourselves that thinks it knows what to do with the reaction to the moment.
- Everything in our consciousness is intended to be revealed so that it can be healed and integrated.
- Until we know who we are, there can be no grace in our life. We have a mistaken identity that always separates itself from the grace that is in the moment.
- Who we really are, our true nature, is in relationship with that which sees every last movement in us.
- In the world of opposites, the opposing sides do not exist without each other. To "love one and despise to other" is to identify with one side and reject the other, instead of seeing that the opposites are complimentary.
- The journey to grace begins with a daring to be what we are, not rejecting or resisting the revelation of things that we think shouldn't to be there. The journey to grace is the journey from "me" to a new understanding of "we," and therefore a true realization of ourselves.
- It is grace to be shown that within us already lives every possible level of being. As that is gradually understood, we move from "me," to "we," to "the One." This is freedom from having any enemies.
- All fear is fear of self: the fear of not knowing what to do with a reaction that appears that convinces us that we are inadequate to the moment.
- We rightly challenge negative states by not rejecting the revelation of those states.

- Grace is what happens to an individual who is introduced, through a series of revelations, to the reality that they have nothing to fear.
- Grace is knowing that we are never without that which is needed to enter into the wholeness of the moment.
- The true spiritual path is not about arriving at a destination, but is about continually setting out upon the journey.
- Our task is to be as present fully as we can, and dare to allow whatever is appearing in us to appear and disappear as it will... if we don't interfere with it.
- Become quiet in the moment of reaction instead of joining the riot that scrambles to reconcile the moment.
- All revelations are expressions of possibilities that the Divine soul can see in the reflection of itself. We are created to always have a new relationship to our present consciousness, which includes an awareness of the need to let go of the old.
- Our true self is the revelation of the marriage of Heaven and earth within ourselves. When there is that union, an understanding is born in that moment of the true role of revelation, as well as our true role.
- The Divine wants us to succeed at always entering into an ever deeper relationship with it. Serve the wish to know the truth; everything serves that wish. What we want is a consistent awareness of everything that throws us off track.