



SUNDAY, JULY 12, 2020

How to Want What Life Wants (No Matter What It Gives You!)

Key Lesson: The great misperception that secretly drives human conflict, with all of its fear, sorrow, hatred and pain, is that the meaning of life — including its verifiable promise of perfect abundance — is to be found somewhere outside of one's own heart and mind.

Talk Takeaways

- Into humanity are sown seeds that come from another order of life, intended to be received by a part of us that is capable of understanding the message. Presently we don't make anything out of these seeds because we don't know what to do with them.
- The new mind has a completely different perception of life than the old mind that we currently live from.
- Painful reactions are the misperception that life is coming to take something valuable from us. But life is always trying to show us that we are given everything we need to be whole. Life doesn't take anything away without giving something else more valuable in return.
- The first big change in consciousness begins with seeing that the consciousness does not want to see.

- The limitation of the sleeping level consciousness is that it believes it knows everything. Therefore it tries to control every event that it meets in life.
- There is an immense pressure behind any negative reaction. Negative reactions never doubt themselves.
- Suffering from any unwanted moment is inseparable from the consciousness that receives the impression of the moment in the way that it does. That consciousness insists that what happens in life should be only what it believes should happen, and so it resists any moment that challenges that belief.
- The state in which the observer is the observed is always perfect; it unfolds in a world that we cannot see, and which has a completely different order to it.
- The pain that is a part of this divided consciousness is hidden from us until its claim is challenged. It is a demanding false self that believes it is owed more than the moment is delivering.
- Rejection of revelation keeps us from realizing that we are creating the world that we say we don't want. The moments that we react negatively to, along with the negative reactions themselves, are given to us for the purpose of that revelation.
- The purpose of the reaction is to help us become aware of the demanding level of consciousness that we are presently a captive of. Then there is a chance to die to that level of self, to not feed it, to use it instead of allowing it to use us.
- You can't be given more than you are.
- You can't have a claim or a demand upon life without judgment.
- Pain points to the condition as being the source of its suffering.

- Nothing can change our experience of life until we begin to observe our own reactions. Reactions must be used to reveal the level of consciousness that is responsible for them.
- Learn to use every reaction by understanding that they have been given to you for the purpose of revelation.
- There is no claim in life that stands the test of passing time. Ambition is the attempt to claim something for all time.
- Use the negative reaction to see yourself.
- We are not meant to balance our own consciousness; our task is to see what is unbalanced.
- Thought is the never-ending futile attempt to balance a reaction.
- God is responsible for the fullness and the emptiness that we experience, but because we are identified with one side and reject the other, we avoid anything in life that doesn't fit in with what we believe life should give to us.
- Identification is separation.
- The purpose of meditation is not to become someone, but to see the parts of us that want to become someone.
- For us gratitude is for anything that enhances the sense of self. Real gratitude is inherent within the perception that the observer is the observed.