



SUNDAY, AUGUST 2, 2020

The 5-Step Path to Realizing Perfect Freedom

Key Lesson: Here's why no spiritual "secret" - in and of itself - has the power to transform, let alone raise our consciousness in any meaningful way: no self-knowledge, regardless how subtle, can serve its true purpose unless it is accompanied by the one element capable of actualizing it: consistent, persistent self-honesty.

Talk Takeaways

- Special Writing: "The One Who Alone Is Real"
https://gfmisc.s3.amazonaws.com/20200802_specialwriting.pdf
- The word "honesty" is connected to being straightforward and being in alignment with Divine principles.
- We as human beings are created to be part of a Divine self-renewing process. Ours is the capacity to be in a constant relationship with celestial forces, and through that relationship we can see what we couldn't see before.
- The Will of something timeless acts upon the will of something in time. We are created to ceaselessly transcend ourselves.
- If it were not for the light that shows us what we are, we would not be able to change.
- We do not bring about moments of self-honesty. We are not the source of honesty. In moments of seeing ourselves as we are, it is the

Divine being honest with us. However, we can respond with the willingness to receive what has been revealed.

- No one is more dishonest than someone who judges themselves and others.
- We talk to ourselves about experiences that were never properly reconciled.
- The acronym "RRRIL" -- pronounced as "real," as in, keep the moment "real" -- stands for Relationship, Revelation, Realization, Integration, Liberation. "Keep the moment RRRIL."
- We rise by seeing what is keeping us down.
- People with powers and possessions are tormented by their imagined ownership because they are falsely aligned from the outside-in. Real life and renewal comes from the inside-out.
- How do we really feel when we are in a rush? What we really feel is a state saying that if we can get where we're going fast enough, then we will be free.
- The purpose of the moment is integration, where the Creator can organize the chaos of creation.
- Moments of self-honesty are the same as being released from false responsibilities.
- There is no such thing as something that we are not supposed to see. The only thing that fears what the light reveals is the darkness that is revealed.
- A realization is a moment of something that was disconnected being integrated.
- We must not be afraid of making mistakes, because otherwise we preemptively reject revelation.

- Unconscious thought kills rebirth, which cannot be separated from the moment of self-honesty.
- There is no thought that is going to bring an end to disturbance because the disturbance is connected to thought.
- The path is the awakening and awareness of the content of our consciousness. Every revelation along the path is a treasure, including the treasure of seeing who you are not.
- When we see the lower, it is due to the honesty of the higher, and our task is to be responsible to the revelation.