



WEDNESDAY, OCTOBER 14, 2020

Start Making Real Changes in Your Life from the Inside-Out

Key Lesson: Just as nature practices perfecting herself through the myriad creatures she creates to reflect her limitless possibilities in passing time, so the Divine manifests Its Spirit through each soul It creates who may, in turn, (awaken to) realize their role in the revelation of Its eternal perfection.

Talk Takeaways

- The moments in our lives that have been the most valuable have been those that reveal something to us that we had never seen before, where we are suddenly transported into another order of awareness.
- Everything that we will ever need to know about the spiritual life is right in front of our eyes twenty-four hours per day. There is a level of life that we are a part of, but we do not know that we are a part of it.
- Out of a Divine singularity comes everything that we see as a duality. All true roads on the spiritual path lead back to unity. The road less traveled is a return to the unity from which comes all things created.
- The source of psychological, spiritual pain is believing that we are separate from everything that we see.
- What we call "awakening" is the realization of something, within us, that had been there all along.

- Thought cannot have any real relationship with oneness. The road back to unity is not through thought.
- Everything that we see, without exception, unfolds from the inside-out. What we see as being outside of us is not the world from out of which creation appears. What is manifested comes out of something that is un-manifested.
- We live in a world that is ceaselessly renewing itself, which means that everything is also ceaselessly dying so that something new can be born.
- We are ceaselessly being asked by life if we are willing to be changed.
- We have the capacity to be aware of the unending life that is not divided up into beginnings and endings. We typically refuse this gift of awareness because there is also a responsibility that comes with it.
- We are created to be self-developing creatures, to realize that what was once thought of as being valuable is actually childish and no longer useful. Our responsibility is to set down childish things. Ambition, for instance, is childish.
- The road to singularity is through awareness of the consciousness that tempts us to take roads that it says will lead back to wholeness.
- "I am the Vine, and ye are the branches," says the scripture. Everything about the "Vine" is ceaselessly being reflected in the "branches."
- We can't be fearless and at the same time be dependent on something outside of us in the hope that it will make us whole.
- It is impossible to see what is true when we are in the grip of something that imagines what is true.

- Moments of meaning and beauty do not require thinking about them. Thoughts that appear that describe the meaning and beauty are branches that come out of the Vine, not the relationship with the Vine itself.
- We can't truly be with other people anything other than what we actually are. Trying to be something special in the eyes of others is painful. Lies are painful. Stop pretending to be something you are not; rather, see that something in you is pretending to be something that it is not.
- When we see ourselves purely we realize what is harmful and what is helpful -- what is worthless and what is valuable -- without having to take thought at all. Thinking interferes with seeing. Remain watchful.