



SUNDAY, NOVEMBER 8, 2020

Step into the Stream of Power and Start Flowing with Real Life

Key Lesson: All forms of feeling stuck are the negative byproduct of having become unconsciously "fixated" on some moment in life that we don't want!

Talk Takeaways

- We throw ourselves, of our own free will, into a prison of feeling powerless. The fear of being powerless is self induced.
- We all suffer from POUR Syndrome: "Prisoner Of Unconscious Resistance/Reactions."
- Humanity is the evidence that there is no peace in a "time to come."
- All pursuit of power in order to be free only empowers what is powerless within us. The more powerless we feel, the more negative we get, and the more negative we get, the more powerless we feel.
- The awakening of real self-knowledge is the same as freedom from the pain of feeling powerless.
- 4 Principles connected to POUR Syndrome (Prisoner Of Unconscious Resistance/Reactions):
 1. Resistance is negative attraction.
 2. As goes my attention, so comes my experience.

3. In every moment of our life, we attend to what we value more than anything else.

4. Rebirth is not supernatural; rather it is the eternal, celestial and planetary act of creation. Rebirth is part of reality itself.

- The more we don't want something, the more there is of the thing we don't want.
- Attention is required in order to create something. Negativity is created when our attention is given to a negative reaction.
- By our attention we are giving substance to the very condition that is producing our suffering. We attend to the very thing we wish was not there.
- The pain of POUR Syndrome is in the consciousness itself. But because that is where the painful prison is, that is also where liberation lies.
- Something is us wants to continue being in conflict with life. The genuine end of conflict lies in seeing that very fact.
- What we are actually looking at whenever we see a moment that we don't want, is our own mind's interpretation of the moment, which is the past.
- Nothing in the Universe can stop you from changing. But usually we only want to change according to what we have decided change should be, and therefore we become an instrument of resistance.
- The real thing that we don't want in an unwanted moment is the consciousness that is not wanting.
- All forms of identifying with a negative reaction are the avoidance of revelation.
- We can either resist, react and repeat ourselves, or we can assist in the revelation of ourselves and be reborn in that moment, accordingly.

- Consciousness will not act against itself. No conscious human being will act against him or herself.
- We look at everything through a level of consciousness that assumes it is not free. Real freedom is when our attention is with our awareness.
- Not one of the wrong things that we see taking place in the world exists independent of the shared consciousness that lives within all of us. The only real innocence is the purity of conscience.
- There is a level of consciousness that only knows who it is when it knows who it is for and who it is against. We presently don't have an identity apart from what we are for and what we are against.
- We don't need to think to ourselves, "What should I do?" Intelligence and right action lies in seeing.
- Creation itself is revelation. If human beings are the crown of creation, then that means that in every moment of revelation, we are a new creation.
- Imagination, which is a gift of creation, is also the cause of the crisis in human consciousness. There is a right use of imagination and there is a wrong use, and the wrong use is in using imagination to consider who and what we are.
- It is an illusion that we are going to go through life without resistance. Without resistance, there would be no revelation. Without resistance, there would be no existence. Resistance is part of creation.