



SUNDAY, NOVEMBER 15, 2020

Get Out of Your Own Way and Start Walking with the Divine

Key Lesson: When it comes to the Great Way that leads to self-liberation - of entering the Kingdoms above and beyond this temporal realm - there is no such thing as "getting there." There is only getting the whole of that image, along with its false sense of self, out of the way.

Talk Takeaways

- We're convinced that something is in the way of our happiness. The real question is: How do we get ourselves out of the way?
- The sense of self that desperately seeks for happiness only exists as long as it pursues what it wants. The painful sense of self, and the destination it seeks, don't exist without each other.
- Spiritually speaking, there is no "getting there" because we are already there.
- The self that wants to get things settled is actually the source of what is unsettled.
- What is most valuable to us is invisible. What is most valuable cannot be seen with the physical eyes. The visible world comes out of the invisible world. The invisible guides the visible.
- There is nothing in the Universe that can keep you from changing.

- Our sense of self is inseparable from our experience of any given moment. And that experience is inseparable from the consciousness that mirrors the conditions that we see.
- All of the content of everything we see is already in our own consciousness. Everything that we see is a reflection of our consciousness. The observer is the observed.
- If what we see that is ostensibly outside of us is inseparable from our consciousness, then where is the conflict? There is no conflict in the consciousness in which the observer and the observed are one. Conflict only exists when the observer is divided from the observed.
- We can't be irritated unless that irritated content pre-existed the condition that stirs that irritation into action.
- There is something in us that meets every moment with a claim as to how the moment should go. We get upset and suffer over what the world and other people do because that consciousness already has a claim on how they should act.
- Who we really are is not the holder of any claim. Whereas the false self derives its identity from the struggle to hold onto its claim.
- If we are in conflict, it is because a part of us holds some kind of claim on the moment. That is why there is the instruction to "sell all." The source of the disturbance is this claiming consciousness that doesn't know what it is doing.
- It is by seeing and then dying to the claiming nature that we are no longer outside of the way, but are instead part of the natural movement.
- Rebirth is one order of being, one order of understanding, continually being replaced by another.
- When you get yourself out of the way, you discover that you are in the right place.

- The consciousness that is in conflict believes that peace is connected to getting more possessions in a time to come.
- Don't think about what will happen. Stay with what you are. When you are as present as possible, you will always know what to do, practically, psychologically, and spiritually.
- Arrogance is the product of the fear of non-existence. That fear must protect against anything that challenges the existence of the false self's identity.