



FRIDAY, DECEMBER 11, 2020

Take the Divine Path to Perfect Peace and Be Trouble-Free

Key Lesson: If we will persist, at all costs, with our interior work - immersing ourselves in its ensuing, ever-deepening discoveries - the glad day comes when we will simply melt into them...proving that we are neither the one who seeks truth, nor the one who finds it, but a level of Being that is, and always has been...both.

Talk Takeaways

- Special Writing: *The Never-Ending Journey*
https://gfmisc.s3.amazonaws.com/20201211_specialwriting.pdf
- The "self" that sets out on the journey to reconnect with the Divine will not be the same self that finally arrives.
- The very act of attempting to escape from unwanted moments is the creation of a painful circle of self that attempts to, but cannot escape itself.
- The "consciousness of otherness" that was referred to in the talk is the divided level of mind that believes that everything it sees is outside of itself.
- The divided level of consciousness imagines what it needs to achieve or possess in order to reach its goal of peace and wholeness. There is no end to that imagined journey because it is a circle of ceaseless reincarnation.

- Everything we have always been looking for, the Divine Journey, already resides within.
- Real life is not a race to win or a contest to prove ourselves. The self that wants to win and prove itself is going to have to be laid down.
- And old prayer: From the unreal lead us to the real, from darkness to the light, from death to immortality.
- We're captives of a level of consciousness that is in a waking dream, imagining that it is awake, conscious.
- The reason that we want more all the time is because of the fear of not having enough. And to this divided level of consciousness, the "more" that it is seeking always seems to be "out there."
- There is a higher level of consciousness that exists that does not need to pursue anything in order to be whole.
- We can't imagine a time to come in which we will be free without pulling images from the past content of our memory.
- The awareness of any one thing is consciousness of it, and that consciousness is the basis of our experience.
- Every creature has an inherent level of consciousness that is the instrument of its creator.
- There is no Divine Journey for us as long as we live from a level of consciousness that sees everything as being other than us. That very perception is separation, resistance, and judgment. We live from a consciousness now that is the very source of otherness.
- The observer and the observed are a singularity. We are given as a gift the capacity to be aware of our consciousness, even as it goes through its motions.
- Awareness of our consciousness is what allows us to have compassion. With awareness we are no longer APART FROM what we see, instead we are A PART OF what we see.

- Awareness of consciousness is "soul seeing."
- A moment of beauty is always connected to being a part of what we see, where the observer is the observed.
- The Divine Journey includes the recognition that we have the choice to be aware of consciousness, as opposed to being identified with what that consciousness says we must do to reach a destination in a time to come.
- The awareness of the consciousness that tries to escape itself changes our relationship to it.
- An essential part of the Divine Journey includes the awareness and recognition that for most of our lives we have been on the wrong journey. The clarity of where the wrong journey has brought us to is the same as stepping onto the higher path.
- A conscious human being is aware of the tendency of the divided consciousness to harm itself.
- If we meditate in order to obtain something -- a psychologically or physical possession -- then we are stuck in a level of consciousness that is trying to escape from a moment that it doesn't want.