



SUNDAY, DECEMBER 27, 2020

Start Seeing Yourself Through the Eyes of Love

Key Lesson: The love that we realize in our heart for God is as unmeasurable as God's love itself because they are secretly one and the same love. And herein lies what is perhaps Love's greatest mystery: the lover and the beloved do not find one another: they are each other.

Talk Takeaways

- Worldly inspiration can be beautiful, but it can only take us so far. Real inspiration is connected to one's realization that worldly ambitions cannot complete us.
- The older meaning of perfecting oneself was connected to the idea of completing oneself, completing a journey.
- Seeing the futility of the path of trying to complete ourselves is the same as stepping onto the true path.
- We seem to relive the same moments over and over again because the same consciousness seeks to complete itself over and over again. So the question is: Do we seek to reincarnate ourselves, or do we seek to be reborn?
- There is no pride in being truly reborn. The exact inverse is true: there is always humility in rebirth.

- There are moments in which we cannot look away from a revelation even though we might want to avoid it. The task is to be willing to stay in that awareness and allow it to do what it came to do.
- Revelation is any moment of the light showing within us the darkness that calls itself the light.
- Everything about our present way of life is outside of us. There is no moment in which we aren't looking out and judging according to what our five senses report to us. But this way of living is backwards.
- When you have a physical injury, the wound heals from the inside-out. Everything grows from the inside-out.
- Every revelation brings with it a question, but that question is not designed to be answered by thought.
- There cannot be real rebirth without the understanding that real life happens from the inside-out. Meeting life from the inside-out means to understand that the condition and the consciousness that meets the condition are a singularity.
- Give light a chance to do what it is meant to do. Learn to look at unwanted moments through the eyes of love. This does not mean to go into imagination, which is looking at life through the eyes of thought.
- Unless we agree to the light and what it reveals, then what we are agreeing to by default is the reincarnation of what we are avoiding.
- How do we stay with the revelation until love has done what only love can do? The answer is in two words that are a single action: Patient attention.
- Allow the storms of life to show you, though patient attention into the center of yourself, the purpose of the storms.

- There is no transformation that is not preceded by something dying. We cannot transform ourselves, but we can agree to the process through patient attention.
- Stay in the storm of confusion. Avoiding the storm is what leads to confusion in the first place.
- There exists an awareness that does not have a stake in what is being seen, other than to be the seer of it. Thought has a stake in what is being thought about. That is one way you can know and feel the difference between awareness and thought.