



WEDNESDAY, JANUARY 13, 2021

## **Take the Secret Path that Leads to Perfect Peace**

Key Lesson: What is real spiritual strength? It is knowing that we need never (again) compromise ourselves in any way - with anyone, or over anything - in order to be at peace. (It is) a perfectly quiet confidence in the awareness that our existence owes no debt to any condition, let alone to the passage of time in which it temporarily appears.

### **Talk Takeaways**

- We are dependent upon any condition that we think will grant us independence. That is a recipe for fear.
- True independence can be found within the very feeling of impermanence that a part of us fears.
- Our longing for freedom belongs to another order of consciousness that is already free. To long for something is to want to close the distance between ourselves and the thing we long for.
- Spiritually speaking, there is nothing to do... only something to see.
- Any condition or person that threatens our identity is made into an enemy.
- Violence is in direct proportion to the fear that a person has of the impermanence of his or her identity.
- Currently we are not independent, but instead we are "I-dependent," which is the sense of self derived from an image we carry of

ourselves that must be confirmed over and over again by conditions outside of ourselves.

- Any form of addiction or obsession is the same as being "I-dependent" upon outside conditions to confirm our identity. Whenever there is any threat that the outside conditions may change, then there is fear.
- Everything within us longs to return to its divine origin. But human beings have been deceived into thinking that what we long for can only be found outside of us. The true supernatural longing cannot be fulfilled by anything in passing time.
- All true teachings tell us that what is real can never be lost or threatened.
- The task is to not do one thing in order to escape the pain of the loss of any identity that is dependent on outside events. The thing that wants to do something about an unwanted condition (in order to save ourselves) is the thing that is responsible for the appearance of the unwanted condition.
- We are being given an existence by something greater than ourselves. Awareness of this fact is the same as being connected to something timeless that gives birth to all that is experienced in time.
- The conditions we find ourselves in are an extension of our consciousness.
- Spiritually speaking, what is true needs no defense, and what is false cannot be defended.