



SUNDAY, APRIL 11, 2021

The Power to Slay the Dragon Of Painful Desire

Key Lesson: All unconscious negative reactions – with others, events, or with ourselves – deflect this one crucial revelation: as long as we meet life with any compulsive demand or unseen craving, we can't help but be painfully remanded into the hands of one self-punishing reaction after another. Anger, fear, and frustration are the unrequited bridesmaids of desire thwarted.

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Talk Takeaways

- Desire presently knows more about us than we know about it. Until that changes we will be the instrument of desire.
- We presently use thought to restore balance when it seems as if we have been thrown off balance. Laws are created by imbalanced people in an attempt to restore balance according to their idea of it.
- Nothing that is truly balanced can become imbalanced.
- We cannot push down, suppress a desire, without that desire showing itself again in some other way.

- Unconscious desire and identity cannot be separated from each other.
- The desperate search for happiness is the continuation of unhappiness. Happiness is never driven to look for itself. It is itself.
- The longing to feel confident is the perpetuation of self-doubt.
- Believing in some image that promises a brighter “tomorrow” is the re-creation of a dim and flickering past.
- Feeling guilty about caving in to some weakness is the prolongation of that regret.
- Any direction we take to escape some misery is the extension of that distress, no matter how much time and space we may put between us and it.
- We take the resistance of imbalance as proof that we know what balance is.
- Reason allows you to begin to understand that you are living from a contradictory nature.
- Real self-knowledge is the capacity to see your life through the eyes of something that the world never taught you about.
- To the present level of consciousness that we live from, the idea of being fulfilled is the same as becoming something. Fulfillment and becoming are the same according to that mind.
- No individual is the creator of his or her own desire. Every desire that is thwarted is replaced with a new desire. We are the captives of those desires when they are obeyed in the absence of self-knowledge.
- Unconscious desire appears to try to reconcile conflict in consciousness, while the conflict in consciousness is there because of unconscious desire.
- Instead of putting out the fire of desire through thinking about what to do, let the fire burn by being the witness and suspending the habitual action. Step out of that unconsciousness by letting it burn, and it will burn itself out.
- Allow desire to reveal itself to you instead of being its instrument.
- Karma is usually the unwanted fruit of a desire that we didn't know we had.
- Die to what something in you has imagined life is, so that you can discover the unimaginable life.