



SUNDAY, APRIL 25, 2021

## How to Open Your Own Private Line With the Indwelling Divine

Key Lesson: Every truth ever discovered—each new light that will ever burn bright—already exists in our consciousness. All we will ever know and share about love, humility, compassion, and sacrifice—the secrets that will reveal and then resolve old sorrows—awaits us within ourselves. Hidden in this truth is our great promise, both as individuals and as a race of beings.

Special Writing: “The Ever-Widening Rift”

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### Talk Takeaways

- Freedom is in seeing the nature of what imprisons us, which can be done any time and place.
- The whole idea of escaping from yourself or from the world is a waste of time and energy.
- When you are reminded of something, you are being reintroduced to something that has always existed in your consciousness.
- Our consciousness doesn't just reflect the world around it, the world we see is also a reflection of our consciousness.

- There is a direct relationship between the observer and the observed.
- The only real change that is possible is first a change in consciousness.
- Seven words/steps along the true spiritual path: Impression. Reception. Awakening. Revelation. Realization. Celebration. Glorification.
- We are ceaselessly seeking a connection because we don't know that we are disconnected.
- Our first responsibility is to be ready and willing with our attention to receive the Cosmic Communication that is always broadcasting.
- As goes my attention, so comes my experience. Attention connects. Connection is exchange. Exchange is communication. Communication is communion.
- Your experience of any moment is due to what you are attending to in that same moment.
- The world lives to remind us of what the world in us doesn't want.
- The more things we pursue to fill a feeling of emptiness, the more things we think we need to fill that emptiness.
- We can know the beauty of the Divine even during the most unwanted moments.
- The whole of yourself is the awareness of thoughts and feelings, not just the thoughts and feelings themselves and their content.
- Meet the moment, even the unwanted ones, with all of you while using your attention to be aware of all of you.
- Repair your relationship with yourself before you try to repair your relationships with others. Working on yourself IS repairing your relationships with others.