



WEDNESDAY, MAY 26, 2021

Remember This One Simple Fact and Set Yourself Free

Key Lesson: The Living Now – pure Presence – is not just an expression of perfect freedom; it is its center everywhere: the Ground from out of which all creation arises and returns again.

Special Writing: "Always You"

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Talk Takeaways

- The inner work we must do is simple, but simple doesn't mean easy.
- The world is populated with people who measure their value, and the value of others, through their possessions. People believe that they will not have a life without what they want or don't want.
- All psychological fear is connected to an identity crisis. One of the root fears is that we will cease to exist, that we will disappear, if we do not acquire a permanent identity that affirms us as being real. This fear compels us to do what we do everyday to acquire possessions.
- When the moment doesn't match the image of what it should be, that false self feels empty and of no consequence. The wish to be someone who

matters and is of consequence leads to codependency and enabling of others.

- There is nothing you will ever do in the world that can bring an end to the sense of not mattering or not being someone of consequence. Everything that you seek in the world in an attempt to create a permanent identity is one of the bars of your self-made prison.
- It is the fear of not mattering that does the searching for a way to matter.
- We're going to have to empty ourselves of all the answers we have about filling the emptiness of not being someone special. It begins with seeing that all of our answers to feeling inadequate is provided for us by the very consciousness that feels inadequate.
- The Divine knows what you need before you ask, and is always providing it. Everything is already ordered.
- You cannot be present to the already-existing Divine order if you are trying to figure out how to be important. Being present to perfect order provides a peace that transcends all understanding.
- It is our gradual awakening and realization of the existence of Divine order that is the same as our entrance into it.
- Human beings are unique creatures endowed with the capability to be present to the Divine, celestial "captain."
- There is a part of you that does not know who or what it is without doing something to confirm itself.
- The essence of faith is the ability to see the truth of ourselves in the reflection of the moment as it is revealed. The moment I see is a reflection of me.
- Choose learning before yearning. You will discover that the yearning belongs to a level of consciousness that throughout time has never been able to satisfy the yearning.

- If you want to find the secret door that leads to a true relationship with the Divine in the present moment, then “I am’ must come before “I want / I don’t want.”
- Anytime that you try to prove yourself, you are being led in the wrong direction by a compulsive level of consciousness.
- Currently what we think we are is based on what we want or don’t’ want. This gives us a familiar sense of ourselves but never provides freedom. Before our wants must come the attention to the awareness of “I am.” Then we will start being in relationship with the will of an intelligence that cannot act against itself.