



WEDNESDAY, JULY 14, 2021

Develop this Divine Quality and Free Yourself from Fear

Key Lesson: Part 1: Whoever lies... cries; and not just in that moment, but in every moment thereafter; as when, by fear, we feel compelled not just to defend some past self-compromising choice...but also because we continue to participate in an unconscious act that's not only set against our own best interests...but, ultimately, against the Good of all.

Talk Takeaways

- Analyzing our thoughts cannot do one thing to change the nature of the consciousness that those thoughts are coming out of.
- Every time that you take part in a lie, your soul cries.
- We have almost no awareness of how deep runs this level of consciousness that lies to protect itself from what it imagines has happened to it that threatens its identity.
- There can't be a lie without there being an identity, an image associated with it. Lies are born out of fear.
- Whenever there is fear, there is a part of us that is reacting to something that is in the dark of our own imagination. When there is a strong reaction to something in imagination, it seems to prove that the threat is real.

- To see or not to see, that is the question. Then, will you accept the truth about what you see, or will you lie about it through avoidance and pretense?
- When the light is always with you, what is in the dark of you is always revealed.
- We say that we want to wake up, but yet we are reluctant to give up our dreams.

Experiences that we can't explain to ourselves are mostly rejected.

- You cannot lie unless you have seen the truth. No one who ever lies does so consciously.
- You are lying any time you try to impress another person.
- We would rather lie to ourselves through distractions than see the truth of our emptiness.
- Every complaint is a lie that hides the nature that is negative.
- All lies arise in the dark out of the shadow of fear.
- You wouldn't be shown the things that you are shown unless there were a reason for you to see it.
- Anytime you find yourself talking to yourself, you are identifying with a consciousness that must lie in order to keep itself going as it is.
- You cannot feel stuck without being identified with an image you have of yourself.
- We live under the horrible illusion that we have something to lose, which sends us out to add things to ourselves.