



WEDNESDAY, JULY 21, 2021

Start Taking the “Little Steps” that Lead to Spiritual Liberation

Key Lesson: Part 1: Real life is not about what’s coming; nor is real life about what has been: (it is) a timeless kingdom between the realm of “what was” and “will be.” (it is) a silent awareness of an eternal Now: a ceaseless rebirth inseparable from its own revelation... wherein “Real I” is (realized as) the guest of honor at the Great Wedding.

Part 2: Those who aren’t aware of their footsteps can’t know the direction their life is being taken.

Special Writing: "For the Heaven or Hell of It"

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Talk Takeaways

- Thought may be able to describe spiritual liberation, but it cannot enter into that level of consciousness.
- Every thought is connected to an identity that corresponds to its content.

- Three words that must become a single action: attention, intention, and persistence. Attending to a persistent intention. Learn to attend with persistence to a single intention.
- Are you here because you want to be, or because you need to be? Your inner work is either a desire-inspired action, or an action born of desire expired.
- In embracing a single intention you are able to recognize everything within yourself that is opposed to it.
- Every branch that is not connected to the vine imagines that it IS the vine. The "branch" that is not connected to the vine is an imagined self. The imagined self is in a ceaseless state of trying to create something permanent.
- The moment of challenge is the chance to see that the imagined self is not real.
- What we are offered as an escape from a disturbance is offered by a nature that is always disturbed.
- A step in a genuinely new direction must be a step out of an old consciousness.
- A disturbance in our consciousness creates a disparity in our psychic system which then produces a desire to bring it back into balance.
- Honestly search yourself, and then set an intention based on what you understand about your tendencies.
- You cannot be anxious and rush without feeling that you are being threatened by something.
- The more agitated that a person is, the more that he or she is afraid of emptiness.
- Conscious intention reveals unconscious attention and connects us to the awareness of anything that stands in contrast to the intention.