



SUNDAY, AUGUST 8, 2021

See Through the Fear of Limitation And Set Yourself Free

Key Lesson: Part 1: Any sense of discouragement that wants to drag us down into its dark world, where it feeds on the feelings of hopelessness that it loves to create -- appears when, and as it does -- for a single reason: to keep us from realizing that there is no such thing as failure for those who will consciously walk into...and then through whatever may be their present set of limitations.

Part 2: Our possibility for spiritual growth is as unlimited as is our willingness to challenge whatever we may see as some form of self-limitation. What is Limitless awaits anyone who casts off from the "shores of the known" on a course called "self-discovery."

Special Writing: "Step Through the Secret Gateway to Real Life"
https://gfmisc.s3.amazonaws.com/20210808_specialwriting.pdf

Talk Takeaways

- Every moment is intended to be used for self-discovery, not for proving yourself.
- The wall of self-limitation that we meet is actually a gate.
- Engaging in distractions is an attempt to get rid of the feeling of being unsettled.

- Useless suffering is the attempt to pay off an imagined debt.
- You cannot get stuck between a rock and a hard place without the mind comparing the perceived rock to the hard place. Our present level of consciousness IS the rock and the hard place.
- You cannot see what you can grow into from your work, but the mind imagines it, which sows the seed of fear.
- Genuine spiritual work is not about getting you pumped up. It is about pumping all of the hot air out of you.
- As above, so below. As within, so without.
- When the student is ready, the teacher appears. When the student is ready, the limitation is revealed.
- The husk is not something that is against the seed, but is something that is necessary for the seed to grow.
- Suffering is unavoidable, but the question is whether it will be useless or useful.
- The platitude that "everything is going to be OK" is the avoidance of present pain, which is intended to be encountered.
- Within any weakness you will find a secret strength, if you are willing to meet that weakness.
- The condition is not the source of the conflict you are in. The condition is the teacher. The refusal of the teacher is the refusal of a new possibility and a new path.
- You cannot genuinely care for another human being when all that you are aware of is yourself.
- The condition is not what the mind sees. The condition is what the mind sees about itself.

- Learning to be conscious of and consciously bearing the appearance of any limitation (which is the teacher) is useful suffering.
- I can't teach anyone anything more than what I'm willing to learn about myself.
- Expecting a reward outside of just doing the right thing is useless suffering.
- We don't know how to do nothing when doing nothing is the answer.