



SUNDAY, SEPTEMBER 5, 2021

Changed Mind, Changed Heart, Changed Life

Key Lesson: Part 1: Let every disappointment in life be as the lighted wick of a lamp to first illuminate, and then to consume the attachment now revealed.

Part 2: The beginning and the end of all true religion is one thing: surrender. Which begs the question: Surrender of what...and to what? The one who finds the answer to these two seemingly separate questions is the one who realizes they are not separate questions at all, but rather that they are mysteriously complementary...much in the same way as midnight and daybreak cannot exist apart from one another.

Talk Takeaways

- One of the biggest problems we all have is that we think we already know the answers.
- Surrender has nothing to do with trying to escape from yourself. True surrender belongs to another order of consciousness.
- Because we are incomplete we cannot help but treat other people incompletely.
- When what we have imagined will make us happy does not make us happy, we simply imagine a new happiness that we hope will come tomorrow.

- We look to the world that we were born into to find peace. However, we cannot find authentic peace until the world that we were born out of is integrated with the world that we were born into.
- The waves of life -- that we experience as events -- never lie. The waves do not create themselves. The waves do not exist without the source that gave them their existence.
- A "wave" could simply be thought of as an "influence" that makes an impression on us.
- A wave cannot be anything other than what it is in the moment of its expression.
- As we are now, we are a wave that believes it exists on its own and created itself. But even these rogue waves will be brought back into the ocean. There is no wave that exists apart from the ocean from which it came.
- The purpose of all waves is to bring human beings into a closer relationship with that which created the waves.
- The rising and falling of the wave is a natural expression of the ocean. A reaction is a wave in our consciousness. A reaction is inseparable from the level of consciousness that creates it. A reaction is a wave in the ocean of consciousness.
- The ocean does not fear any wave that it creates.
- There is a part of us that believes there are good waves and bad waves, instead of understanding that all waves come from the same ocean, and all waves rise and fall, appear and disappear.
- Reactions are not you. You believe that your life depends upon doing something with the reaction because you believe that the reaction is you.
- Return to the "sea-er." Watch the wave and let it tell you something about the ocean that gave it birth. Don't WANT something from it,

and don't NOT WANT something from it. Stop fighting the waves. Instead, let them reveal the content of consciousness.

- You can't change the ocean of consciousness... you ARE the ocean of consciousness.
- Don't agree to give the reaction the name that the level of consciousness (that identifies with it) wants to give it.
- We are not meant to be just the instrument of the world we were born into, but to also serve that world.
- It takes courage to realize that the world we live in is lost.