



WEDNESDAY, DECEMBER 8, 2021

Free Yourself from the Fearful World of These False Ideas

Key Lesson: Truthful ideas never need to be validated by others; they neither fear close scrutiny, nor avoid the light of any moment that calls for it. False ideas can never stand alone; they tremble whenever life questions their intelligence, mistaking the sudden onset of painful resistance as proof of their strength.

Talk Takeaways

- Where do useless thoughts come from? Useless thoughts are the offspring of false, failed ideas. The outcome of continuing to follow a failed idea is a failed result.
- Our best ideas about what it means to be strong have proven to be useless.
- An example of a false idea is that finding a way to comfort yourself is the same as being content with yourself. No matter how much you comfort yourself, you will have to do it again.
- Another false idea is that we will only be happy when we have everything that we think we deserve, and when everyone acknowledges what we have accomplished.
- The more that we follow false ideas, the more we believe them to be true.
- Anything you have to control, controls you.

- A false idea cannot be defended. A true idea does not need to be defended.
- Anything that fear tells you to do is a false idea.
- Always attending every false idea is the compulsion to act it out.
- The so-called "known" is a false idea that only exists with me as the knower.
- What good are my ideas if I am the captive of them?
- It is an illusion that thought can lead us into the light. The understanding of that is a true idea.
- Intellect has its place, but intellect is not the wisdom that integrates true ideas into your life.
- Ambition is connected to imagination, and imagination always desires to be other than what it is.
- You are only as free as your willingness to see.