

How to Ask For and Receive Divine Intervention (Skit)

Sunday, April 4, 2021

Teacher: Listen, as best you can: unconscious suffering is a waste of life. It is pointless, cruel, and, above all, useless...no matter how compelling are the voices in us trying to convince us otherwise. There is always a choice when it comes to psychological suffering... And it begins with learning to ask, in the right way... For real help.

Seeker: I want to agree with what you say, but I'm afraid the truth is...it doesn't seem to matter what I ask for, or what direction I choose—before too long I find myself back where I started from... suffering over some kind of conflict or unhappiness.

Teacher: Yes...that's right.

Seeker: But didn't you just say we can choose...we can make a choice that will change our lives?

Teacher: There is, but *only when you stop thinking in terms of choosing ways of escape!*

Seeker: But what would my life be like, what would become of me...if I stopped trying to change — or at least escape — the people, places — past and present — causing me all of the pain that they do?

Teacher: Are you sure you want the answer?

Seeker: ...Yes, quite sure... I think!

Teacher: Your life would be...just like it is now...and, will be again tomorrow!

Seeker: I don't understand: then how am I supposed to think about my suffering?

Teacher: That's just the point. Your suffering is born out of your thinking about yourself in the first place...something you have yet to see, but that you must if you are to be free; and further, blinded as all of us are in our fascination and dependency on some intervention we imagine will deliver us from our pain...we can't see that whatever the rescuing solution may be that we inevitably end up seeking...is really a creation of the level of consciousness responsible for creating the suffering we hope to escape.

Seeker: (pauses as he takes it all all) ...Oh my!

Teacher: Exactly. This means that until we are awakened from the dream we don't know we're in...we live in, and continue to create, what amounts to a psychological prison of our own making.

Seeker: So...so, now what? Where do I go from here?

Teacher: Let's see what we can learn together, shall we?

Seeker: I'm more than ready!