

Entering the Invisible Temple of the Divine

Mind is not intellect itself, nor is (our) heart the seat of emotion alone. Real mind is the marriage of a higher order of intellect, heart, and body, wherein feeling is wisdom – and wisdom is, in turn, the (awareness of) feeling all of what one is moment to moment.

These seemingly different parts (of us) were never intended to be separate...as they now are for the majority of humanity.

The purpose of contemplation, of meditation, is to reunite this essential, crucial relationship...of mind, heart, and body, calling this holy bond what you will: enlightenment, liberation, or simply being a whole person.

— Guy Finley