

A SIMPLE PRAYER FOR ALL WHO LONG TO BE FREE

Dear one who is all,

Grant me the strength *to be* all that I am given
to see about myself...

...So that by the divine grace of your undivided
Light—that reveals the Good in and of all things—I
may be free of want and not want, of lust and fear;
liberated from the useless suffering of compulsion,
and the ceaseless conflict it breeds.

Amen.

— Guy Finley