



SUNDAY, MARCH 13, 2022

## **Saddle the Dragon of Desire and Be Set Free**

Key Lesson: By wanting are all things not wanted...thus created; much as joy and sorrow, bound as one...are related.

Additional Key Lesson: If you build it, they will come; if you leave it empty...it will be filled.

### **Talk Takeaways**

- Every psychological pain is the outcome of a unseen desire having been thwarted.
- The source of your pain is the disparity between what you desire and what you can't possess.
- What seems like a new, reconfigured desire always comes in to fill the hole left by an old desire that was not fulfilled.
- There is really no such thing as a new desire. The only things that seem new are the objects of desire.
- Identifying with a seemingly new desire cannot be the path to the genuine wholeness that we are searching for.

- Temptation is the attempt to get you to complete yourself through something outside of yourself.
- The meaning of the word God is "Theos": the word that represents the Trinity, a body of intelligent forces and timeless principles that were emanated out and manifested so that they could be seen and known.
- Desire cannot complete itself, and so it searches for something imagined outside of itself in the hope of becoming complete.
- The compulsion of self to fulfill itself is what prevents what is new and natural from filling the empty space left by desires that are not realized.
- We cannot allow what is new to complete the moment until we are aware of desire trying to complete itself.
- If you build it, they will come; if you leave it empty... it will be filled.
- To saddle the dragon of desire is to leave the seemingly empty space alone. The empty space will be filled by something new, but first the temptation to fill it with the old must be seen.
- Regret and shame that produce a sense of self are lies that only lead to more regret and shame. Confusion's cure lives not in these confusions.
- It is always in the moment of crisis that presents the best opportunity for something new to be created.
- The desire to avoid pain, psychologically speaking, is clear evidence that you don't understand the pain. The desire to be free of psychological pain is exactly what fuels it.
- We are separate from unity because we are imagining what unity is. We do not have God in our life when we *imagine* God.
- To awaken is to see that you, some part of you, has up until now been interfering with creation's natural activity.