



SUNDAY, MARCH 27, 2022

## **Using Higher Awareness to Discover Your Divine Possibilities**

Key Lesson: First Key Lesson: Attention touches whatever level of being into which it reaches. Sustained attention connects these levels and, if maintained, allows for an exchange of energy between them. Consistent connectivity permits and gradually grows into a form of systemic symmetry, until all levels involved are permanently integrated.

Second Key Lesson: Given the fact that you do have a real choice in the matter, which of these two possibilities would you rather be?

The "BIG DANG"... where most of your time is spent moving in and out of useless conflict with life?

Or would you rather be the "BIG BANG" ... And realize your unique spiritual role in a timeless creation that is always in perfect harmony with itself?

Third Key Lesson: There is always -- and only -- one thing from which we need to be rescued...no matter how dark or dire may be that seeming threat: the misunderstanding of who we are, and what we have been created to do in this life. In this understanding is found -- and realized -- not just our true, and highest possibilities, but a faith that is fearlessness itself.

## Talk Takeaways

- Everything that there is to discover is already within you waiting to be realized by you.
- How can there be a life in which you "shall not want?" There is, but that life is not found on the level of this world of ambition and its consciousness
- Attention is connection; connection is exchange; exchange is relationship.
- When life does not go the way that we believe it should, our attention goes onto something outside of ourselves in order to seemingly regain control.
- How do you come out of a nightmare? You have to wake up.
- Judgment is certainty that you are different from what is being judged.
- The development of attention is the development of a new inner body that can maintain a consistent connection with a higher level that is aware of the lower.
- Our true nature holds all possible forces all at once. We are a microcosm of the macrocosm.
- When something passes, something else is born at the same time, both inwardly and outwardly.
- The feeling of a disturbance is a natural interaction with life that is neutral, without a sense of self. The downstream reactions that come out of the disturbance take place in the level of imagination that involves a temporary sense of self.

- Without the Will of Heaven, there would be no way for the earth to know itself.
- The place of interaction with life, at which there is a sense of disturbance, is where we are intended to live. The task is to place your attention there.
- Enter into the heart of the interaction. Don't become the instrument of the reaction. Be the instrument of that which is aware of the interaction and the reaction.
- You cannot stop interaction with life. You can become the student of interaction.
- Our task is not to get rid of fear. The task is to shine light on fear until you are no longer afraid of fear.