



WEDNESDAY, APRIL 13, 2022

Start Looking in the Right Direction for Self-Liberation

Key Lesson: Part 1: You are the answer to the question you ask. To have this true self-knowledge – born of higher self-understanding – leads to a life without fear, a faith that grows daily, and the patience it requires to perfect your relationship with the Divine.

Talk Takeaways

- In order to learn the right lessons and see the right things, you first have to look in the right direction
- Being in a negative state cuts a person off from the nourishment freely and naturally given in every moment.
- Questions about what to do always appear whenever we find ourselves in a pit of some kind. The mind then answers those questions as if it knows the right direction. These answers fail to lead us to liberation because they point us in the wrong direction.
- The original meaning of the word "repent" is more rightly defined as "to turn around."
- In disturbing moments, the same old familiar questions always come with the same old familiar answers.

- The questions that come to the mind in challenging moments are always outwardly oriented.
- Asking the same questions, then listening to the same answers, can only lead to reincarnating the same problems.
- A new question would prompt you to turn around, to direct your attention inwardly, which is the right direction.
- Turning around will always include an awareness of the mind that is always asking questions and then answering its own questions in its attempt to resolve a disturbance.
- Whenever there is a disturbance that triggers a reaction, observe the mind that asks old questions, and then find a way to ask a new question.
- What we seemingly don't like about other people is actually not liking what those people stir in us.
- Being chronically offended by other people can't happen without a chronically offended nature within you that finds fault wherever it goes.
- The only thing that troubles you about other people is what you want from them.