



WEDNESDAY, JUNE 22, 2022

Revealed: The Invisible Path to Self-Perfection

Key Lesson: Resisting any unwanted or otherwise painful state ensures that its concealed cause in our consciousness won't be revealed. Further: whatever remains concealed in us cannot be healed, which means its painful effect will never go away. Summary: the invisible path to self-perfection is the same as agreeing to embrace whatever any moment has come to show us is true...about ourselves.

Talk Takeaways

- The Hero's Journey begins with discovering that we do not know what we think we know.
- Every human being, by the fact that they are born on this planet, is asleep in this planet, in this consciousness that has manifested and expressed itself in this world.
- Everything will be revealed to the individuals who really want to know the reason for their existence.
- The real journey is through our own consciousness. If you understood that alone, then you would realize that the whole journey is an interior journey, and that the world cannot give you what you really need.

- What we have really been searching for our entire lives is a consciousness that cannot be put into conflict.
- The acronym "ASF" stands for "Aggravated Seeker's Fatigue," which is what happens when we do the same things over and over again, and then get angry when we get the same results.
- You are never closer to the light than when your life seems to have reached its darkest point. At that point you see the darkness that has all along been calling itself the light.
- Coming to know God is the same as coming to know yourself. Know thyself. Self-knowledge.
- Your task is to allow the moment to finish itself instead of trying to find out what to do in order to take something from the moment.
- Do not leave the moment unfinished. Do not leave the moment until you understand something more about yourself.
- You are always given everything you need to discover that you already have everything you need.
- If you will stay in the moment until it completes itself, then you will discover the parts of yourself that want to leave the moment before it is complete. That is a successful discovery.
- You can't be aware of the lower consciousness that is active in you if you are listening to it tell you what actions to take.