



SUNDAY, JUNE 26, 2022

## Enter the Home of Your Eternal Self

Key Lesson: Part 1: The secret entrance into the unknowable Divine can never be found in this or that thought, but only within a faith-based action that must be trial-tested before it can be counted on as unquestionably True.

Part 2: The instant that we stir any element of time - of thought - into our experience of the present moment we have sown the seed of our own suffering into the same.

Special Writing: "The Unspeakable Gift of Life"

[https://gfmisc.s3.amazonaws.com/20220626\\_specialwriting.pdf](https://gfmisc.s3.amazonaws.com/20220626_specialwriting.pdf)

## Talk Takeaways

- To know myself requires being myself, and in the end, that is the whole journey. The end of the journey is knowing myself and the truth of myself in any given moment.
- You almost always forget the most important thing in any moment, which is to know that you exist.
- Your experience of any given moment is a result of what you serve. You receive what you serve, no exceptions.

- The genuine spiritual journey starts with a departure. The entitled part of us wants to arrive without having to depart.
- "I Am that I Am" is beyond description because there is nothing apart from it.
- When you are aware that the observer is the observed, you realize that there is nothing you see outside of yourself that is not a reflection of some feature of your consciousness.
- You will never see or know anything that is not already a possibility in the "I Am that I Am" consciousness.
- "When a man knows himself, the knowledge of all things is granted to him, for to know oneself is the fullness of the knowledge of all things." -- Saint Isaac of Nineveh
- Any description of any moment is by default incomplete because all descriptions start from some form of identification.
- To remove the little 'i' out of the thoughts and feelings that appear in your consciousness means to remember the whole of yourself, and become aware of the identification -- the identity -- that is attached to those thoughts and feelings.
- The awareness of your existence is awareness of the consciousness, instead of the consciousness telling you what to be aware of.
- Can you bear to live without describing yourself to yourself? The moment you begin to describe the moment, you limit yourself to the realm of that perception.
- There is always a reward for sincere inner work, but the reward will not be what ambition is seeking. The real reward will be connected to deeper depths of inner work.
- You can't love someone that you want something from.