



WEDNESDAY, AUGUST 3, 2022

Realize this One Truth and Take Command of Your Reality

Key Lesson: Our need to change, to be made new, is constant; however, so is our resistance to change. The former is inseparable from the freedom it heralds, while the latter ensures the continuation of patterns that imprison the soul. Choose the latter, and living becomes dying, but choose the former and see how dying leads to Life.

Special Key Lesson: It is impossible to resist any given moment and to be renewed by it at the same time.

Talk Takeaways

- The word "evil" in the old language was not a moral judgment but instead had to do with anything that kept a human being from doing what was divine in nature. Unconsciousness is the source of all evil.
- The acronym UIWER stands for "Unconsciously Identified With Every Reaction."
- Our reactions are the way we see and experience our life.
- Seeing that you have been the unconscious instrument of a passively reactive level of consciousness is self-knowledge.

- Our negative reaction to any unwanted moment does nothing to change the moment we don't want.
- Resistance to a moment we don't want, which produces a negative reaction, can't happen unless at the same time something came with us into moment knowing how the moment should be.
- We live in a world of imagination where our reactions are producing a constructed reality.
- Nothing real can change in our life and relationships until we change our relationship with this reactive nature.
- What we take from each moment determines whether we get a painful lashing or a healing lesson from it.
- No negative reaction has ever resolved anything, and yet it is usually the first thing that we listen to in order to deal with the condition that has been blamed for the disturbance.
- Your reactions are not there to punish you, but instead to be part of the revelation of the consciousness having those reactions.
- We are intended to always be reborn, moment to moment to moment, by being a conscious participant in the present moment.
- We are certain that we are protecting ourselves from pain when we resist an unwanted disturbance, when really the resistance and its attending negative reaction is the perpetuation of the pain.
- Freedom is release, through revelation, from the consciousness that is responsible for negative reactions to unwanted moments.
- When you become the observer of consciousness, then you are no longer the servant of that consciousness.
- Every time you think negatively about another person, you are binding yourself to the level of consciousness that loves to hate.