



WEDNESDAY, OCTOBER 5, 2022

The Truth that Sets Us Free is Self-Unity

Key Lesson: What man or woman, by running away from some disturbance - be it fear, worry, or sorrow - can hope to transform, let alone transcend their pain? The solution to suffering is found within it, much in the same way as is the fragrance of a rose protected by thorns.

Special Writing: "Lost in the Land of Becoming"

https://gfmisc.s3.amazonaws.com/20221005_specialwriting.pdf

Talk Takeaways

- When you have heard the truth, you are forever in debt to it. What has been seen cannot be unseen.
- Heavy spirits, worried and anxious people, or ambitious people who refuse to see themselves cannot find freedom.
- Why would you give your attention to something that gives you an experience that you don't want?
- Most of what you experience is produced by your attention being on something that was given to you by an unconscious nature.
- There would not be a frantic search for freedom unless something in us first felt a sense of captivity.

- Imagination can never produce the sense of contentment that it believes it can.
- The physical body is always here, but the mind enters into the land of becoming whenever it resists a disturbance.
- The mind does not know that it is the disturbance that it is trying to escape. But the mind can never escape from itself. It can only go into imagination.
- The unconscious, divided mind only knows what it wants, and therefore simultaneously what it doesn't want.
- The distance between what I am and what I want to be exists only because there is a consciousness that is fragmented and must imagine a time when it will be other than it is, because it does not want what it presently is.
- Psychological time is the creation of a mind that is trying to escape itself through imagining what it should be.
- If you cannot be at peace where you are and with what you are doing, then when and where are you ever going to be at peace?
- The mind is in conflict because it is trying to find peace.
- There is no rest for a consciousness that imagines that it shouldn't be what it is.
- You have a life of your own whenever you catch the temptation to go into the land of becoming.
- The full awareness of yourself includes the awareness of something that has been pushing you.
- There is no such thing as psychological fear in the present moment. Fear only exists in the land of becoming.
- Whatever imagination perceives to be the source of peace is in reality the source of your pain.