



SUNDAY, DECEMBER 4, 2022

The One Perfect Answer to Any Painful Moment

Key Lesson: Thought, along with its incessant activity - that we commonly consider as "knowledge" - is a kind of dark Lego block; (it is) constantly building, only to be compelled to repair its own flawed creations. But, what is Divine in nature is not a construction of the mind that imagines a kingdom to come; what is Timeless and True lives now, or never. To seek it elsewhere...is a fool's errand.

Talk Takeaways

- Blame is the denial of the manifestation of your nature. Be responsible for your own nature and for its manifestations.
- It would not occur to you to look for an answer unless there was also a feeling that something is missing.
- The perfect answer to your pain has been with you all along, but you have not been able to see it because the pain itself is what has been looking.
- When pain looks for the perfect answer, it will always find the answer that perfects it.
- When a creature fulfills its purpose, in that moment it becomes something else. The form is of no consequence to the spirit.
- Nothing fulfills its own purpose that does not also help fulfill the purpose of everything else.

- Humanity's life is currently motivated by two words: "me first."
- There is not one thing in creation that completes itself, of itself. However, psychologically and spiritually, the present level of human consciousness is certain it must complete itself.
- There is nothing that is not taking part in the grand reconciliation that takes place moment to moment within and around all of life.
- There is no end to painful dreams because, up to this point, there has been no end to the dreamer.
- What is new is forever trying to reconcile what is old so it can be reborn. It ceaselessly brings that consciousness into compliance with itself so it can be made ever-new.
- You are so busy minding everyone else's business that you do not have the time or energy to mind your own. Tending to everyone else's business is a futile attempt to bring an end to your pain.
- The painful business of the past is not your business. The fearful business of the future is not your business.
- The first order of business is always the same: to complete the moment by agreeing to experience it completely.
- Our pained consciousness dreams of bringing an end to a pain that it has created. The dream it creates is the source of the next pain.
- Complete the moment. Agree to experience the moment completely. What is the complete experience of any given moment? It's "wanting or not wanting." Be aware of all forces that are operating in that moment.
- Stop looking for an answer and start being the answer you're given in that moment. The answer you're given in that moment is the awareness of yourself as you are.
- Stop looking for your life. Start being in your life. Know that being in your life may include the necessary pain that is inherent in creation.