



SUNDAY, JANUARY 29, 2023

Freedom From the Endless Voices of Painful Choices

Key Lesson: The more we work to attend to the need of each new moment, the more the conflict of yesterday - along with its closest friend, called the "fear of tomorrow" - seems to be miraculously resolved, and then just quietly disappear!

Special Writing: "Doorway to the Divine"

https://gfmisc.s3.amazonaws.com/20230129_specialwriting.pdf

Talk Takeaways

- The unconscious mind tries to regain balance whenever it registers a disturbance that interferes with its agenda.
- The distractions we turn to in order to escape the feeling of emptiness are created by the consciousness that must fill itself in order to know itself.
- Humanity's imagined heaven is the invention of a consciousness that is in hell.
- If you are still anxious and afraid, then, if you are honest, you have to admit that you have not changed.
- Wanting something in an attempt to complete yourself always comes with its opposite: something that you don't want. It is a consciousness divided, in conflict with itself.

- There is another world that already exists that is not filled with endless voices and painful choices.
- You cannot be delivered from what you don't want by running after what you do want. Because want and not-want are not separate things. They always come together.
- You cannot serve two masters, for you will say "Yes" to one and "No" to the other. "Yes" does not exist without "No."
- The fabric of society is built upon the opposites: one side that always despises and opposes the other.
- Between the reaction and the identification with it (which produces an identity) is an awareness that observes the reaction and the consciousness that would identify with it.
- Silent sight, holy sight, the ground of all that is bright and right.
- Promises and punishment are the same thing and appear together at the level of consciousness that promises an end to punishment, a pursuit which leads to more punishment and more promises.
- Revelation of the consciousness in conflict between the opposites changes your relationship to that consciousness.
- "Seek ye first the Kingdom of Heaven," that which can observe the consciousness that seeks to fulfill itself through escape from emptiness.
- You cannot reach an end to disturbances in this life. You can, however, change your relationship to what you now perceive as a disturbance, where the disturbance is instead used for revelation, which is its original purpose.
- Rushing is an attempt to get away from one opposite to get to the other.
- Be the observer and therefore the student of your consciousness instead of serving it unconsciously.