



FRIDAY, MARCH 24, 2023

Develop Your Connection to the Divine and Discover All You're Created to Be

Key Lesson: Part 1: Faith is a bridge between levels of self; it is an invisible, but real connection between who we have been, and the invitation to realize all that we are created to be.

Part 2: Our level of understanding is no better or worse to us than is our ability to attend to what we know is Right, True, and Good.

Special Writing: "To Hunger and Thirst"

https://gfmisc.s3.amazonaws.com/20230324_specialwriting.pdf

Talk Takeaways

- Dreams of freedom are the very captivity that you are struggling to free yourself from.
- As your consciousness changes, so does the world that it creates.
- What is seen does not owe its existence to what is visible. Faith is understanding that what we see is rooted in what is unseen.

- The real struggle is to stop giving your attention away, because lack of attention produces the painful sense of self that experiences life the way it does.
- When you give your attention to what you think is going to save you, then you have essentially given your attention to fear.
- As goes your attention, so comes your experience. As comes your experience, so are you handed a sense of self. There is no 'I' outside of what you are attending to.
- Your attention is a form of connection, so that you are connected to what you attend to. Attention is relationship.
- A genuine epiphany includes the recognition that the world you are now aware of has always been there, waiting within yourself to be rediscovered.
- When you see the world through what you want from it, you are separate from the world as it is, and you will be afraid that you won't get what you want.
- When the observer and observed are as one, time disappears. You're suddenly transported into eternity. There's nowhere to go, nothing to do, no one to be.
- No time is required to close the distance between yourself and the Kingdom of Heaven. The fact that you can understand that to whatever degree means that possibility is already in you.
- We reconnect by remembering what we know is true about ourselves.
- The task is to become aware of the temptation to complete yourself in a time to come through things seen. Faith is understanding everything about that temptation.

- Something has always been asking for your attention and you've been giving it away so freely for so long that you don't even know when it happens.
- Your work in this life is to own your own attention. Nothing real can happen to you and for you until you own your attention.
- It requires faith to change what we give our attention to. That faith includes seeing the harm in what we typically give our attention to now.
- You find that you already have everything you need when you lose interest in the sense of self that wants what it wants.