



SUNDAY, APRIL 9, 2023

How to Enter the Never-Ending Beginning of Real Life

First Key Lesson: We can keep running through our day - rushing to get to where the next thought tells us we need to be - or we can work to let these painful impulses pass into, and through us; there is no other choice: either we're awake, and aware of the presence of this "demanding self" - watchful, and willing to die to its dark will - or we're caught in its draft, in a painful race going nowhere fast.

Second Key Lesson: There can be no "life after death" without realizing an order of Love that has no fear of dying. This Timeless Witness to its (own) creation doesn't see death as the end of life, but rather as its invisible partner in a ceaseless act of love.

Third Key Lesson: For every new order and elevated degree of fullness yet to be revealed and realized, a new order and deeper degree of emptiness has been prepared to receive it.

Talk Takeaways

- New meaning is the same as new understanding is the same as new possibility.

- You must have patience with your inner work, but it must be a persistent patience.
- What we trust will lead us to an imagined liberation ends up leading us to the exact opposite.
- "I was born when all I once feared, I could love." -- Rabiya of Basra (713 – 801)
- A false sense of self imagines and believes in a false sense of security.
- I don't feel complete because I live an incomplete life. I live life incompletely.
- When we reach the end of what didn't work, we simply go back to the beginning and try again, forgetting that it didn't work.
- What's the one thing you have never asked in the moment when fear prompts you to start out again? "What's beyond fear?" Why don't I know what is beyond fear when I have spent my entire life running from it?
- "For whosoever shall save his life shall lose it, and whosoever will lose his life for my sake shall find it" -- New Testament. "Lose it" means "to render useless." "Find it" alludes to "returning to knowledge of God."
- Can there be psychological fear without the past, without memories, thought, imagination, mere intellectual knowledge?
- When does something die? When it has outlived its usefulness in its existing form. Then what has died becomes useful in a new way.
- The end of the physical seed is not the end of its purpose. The physical seed fulfills its purpose by dying.
- The end of one life is inseparable from the beginning of another. To understand the end of one world is the beginning of another.
- Fear is what presently guides us and tells us what we need to do to be free. What would happen if we said interiorly to the guide of fear: "The end"?

- The part of us that wants to get past fear can't go past fear. That self is a product of the fear itself.
- Catch useless thoughts and feelings, and instead of listening to them, you put an end to them by allowing their revelation to carry you to another order of your own existence.
- If you don't live the death of fear, then death will be your life.
- The proper struggle is to see where you are identified with struggling.
- In real life nothing is ever taken from us that something more true, more profound, more useful isn't given to us in exchange.