



SUNDAY, MAY 14, 2023

Start Seeing Your Life Through a New Set of Eyes and Set Yourself Free

Key Lesson: There is no struggle in seeing; and certainly, whatever is being observed does not resist being seen. So, if and when there's some instant form of painful resistance to the appearance of any given moment, it's always due to the nature of the seer.

Special Writing: "Three Special Insights to Help You Start Seeing Your Life Through New Eyes"

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Talk Takeaways

- We are always in a struggle of some kind, hoping that our struggle will bring an end to all struggles. But one who struggles in the field of the opposites struggles in vain.
- There is a level of consciousness from which you can see with great clarity that left and right, up and down, right and wrong are not separate but always appear together.
- The consciousness that opposes life through negative reactions is a captive of its own content and will be in conflict with life for as long as it remains present.

- Anything that is talking to you about what you are struggling with draws you into more struggle.
- We struggle to make life as we imagine it, and then struggle with fear as it doesn't match what we imagined.
- The biggest problem we have is that God and the security of the Divine is incomprehensible to us.
- Imagined security provides a sense of self that then fears it won't be able to attain and keep the security that has been imagined.
- Most people escape their pain by imagining a moment when they won't be in pain.
- The god that has been imagined will end your suffering has been given to you by that god that is causing your suffering.
- When there is no separation between the seen and the seer, when you realize that the observer is the observed, there is a tiny glimpse of heaven, because there is no 'you' in it.
- When you live from the memory of something seen, you are subject to a mind that selectively remembers what it will for its own purposes and desired experience.
- Love is the willingness to sacrifice yourself for the sake of something greater.
- Matthew 13:5 – For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them.
- What is true speaks to us in a language that does not use words to express itself.
- The lessons learned that lead to genuine transformation do not come about through thought.

- Beauty is always a moment of unity, the direct perception of what's in the now, in which the observer and the observed are united and seen as one thing.
- We couldn't be punished by a mistake unless we were identified with an image as being someone who is perfect.
- Real transformation takes place in the moment when I see what I couldn't formerly see.
- When you see something factually about yourself, there is a shift so that that consciousness won't ever have the same hold over you again.
- We are changed by that which brings our intellect, emotion, and body into the whole of the sum of its parts.
- There is a space and place that has no center to it. It is everywhere in time and space – it is undivided.
- There is only one way that everything is united in a human being – through seeing. There is no struggle in seeing.
- The work is to begin to recognize the nature of the seer as both the solution and/or the problem.
- Higher awareness has proper action built-in to it.
- The real task is to do the interior work of seeing ourselves as perfectly as we can regardless of whether we want to or not.
- You can't see so that you will know, but when you know you will see properly. As it is right now, you can't look at something without talking to yourself about what you see, so there's an inherent judgment in it.
- There is no perfect moment outside of perfect relationship with the Divine.
- Every creature in nature is complete in itself as it naturally fulfills its role in the completion of creation. As human beings, our awareness of creation is part of the completion.

- What a relief it is to know that you can never be right if you are negative.
You are here to see, not to prove.
- What is seen purely has meaning and instruction already built into it.
Thinking about what you have seen is an attempt to confirm an image about yourself.