

Two Meditations to Help Liberate You From the Painful Illusion of Emptiness

1

Gravity is a form of emptiness: it is a celestial law that represents a ceaseless longing answered only by what it captures, and draws into itself. So it is with the gravity of emptiness; it's a form of Divine magnetism ceaselessly attracting, and being filled with all that it draws into the fertile void of its endless invisible body.

2

It is a celestial law, albeit visible only to those with eyes to see: there can be no such thing as “emptiness” without that which is always and forever present, endlessly pouring itself into that open and waiting vessel. Equally so, yet greater still —as is the vine to the branch—is the following truth: there can be no sincere longing for what is Divine, without the Divine already in attendance... waiting to fill that emptiness with the fullness of Itself.

— Guy Finley

