

The Truth That Sets You Free

Real joy is not of this world. It is liberation from the illusion that there's something yet to be gained in this world that we need to complete ourselves; it is freedom from the illusion of a false, and fallen sense of self that always feels—in one way or another—as if it must be the one who completes the life it's been given.

**It is not “I” who completes the moment; rather
the complete moment is Real I.**

— Guy Finley