

The Only Way War Finally Comes to an End

Pain pointed outwardly must inevitably manifest itself in some form of violence, having found no other answer than to set itself against whatever is blamed for that suffering.

But seeing pain as the revelation of some yet-to-be realized *interior* conflict between the life we've imagined, and how it *actually* unfolds—and then to endure this disparity as consciously as possible—soon gives birth to the wisdom of a humility beyond understanding.

— Guy Finley