



WEDNESDAY, FEBRUARY 26, 2025

Awaken to the Self Beyond Circumstance, Conflict, and Time

Original Talk Date: February 24, 2016

Key Lesson: The real victory in life, the only one that lasts beyond passing time and changing circumstances, is awakening to the realization of another order of being -- already within your Self that neither time nor circumstance can ever take from you.

Talk Takeaways

- When we reject any moment as it appears, we are agreeing to revert to an old nature that has resistance built into it, and that actually produces the moment that it says it doesn't want.
- If we want freedom from negative states, then we don't want to revert back to the old nature. We want to convert that old nature by using its appearance for revelation and self-knowledge.
- We can make our pain disappear by removing the 'i' from it, which means that we are aware of the nature that identifies with the thoughts, feelings and sensations that appear in those painful moments.
- If you want something to be true for you, you must give yourself to it.
- We believe that our resistance to the unwanted condition proves that we are innocent of playing any kind of role in the moment.
- Awareness of the higher purpose of each moment negates the pain of being identified with -- and being dependent upon -- passing circumstances in time. Who we really are is independent of passing circumstances.

- In the discovery of the impermanence of things in time, we are drawn to that which is beyond passing time and changing circumstances.
- We are intended to have an awareness of the fact that we are the sum of all of human experience. So why would we ever think we are missing out on something?
- We presently see through the eyes of a lower nature that only sees what it wants and doesn't want. It does not see the whole. It has no awareness of the Vine from out of which the branch comes.
- Dependency and attachment are inseparable from the sense of self that is generated from being dependent and attached.
- No single feeling of yourself can be the whole of yourself, because True Self is in fact the source of all feelings. Feelings flower and then fall, but the Vine, from out of which they grow, remains. To be the Vine is to be aware of the flowers instead of identified with them.
- The punchline of the story of the shattering mirror: "All you are meant to do is reflect what is before you. Nothing more, nothing less. Reflect in yourself whatever comes before you."
- There is no difference between what is revealed outwardly and its inner counterpart.
- You cannot wish to not see something about yourself without having already seen it.
- The divided mind believes it is separate from what it sees. As an exercise, try to remain aware of yourself inwardly while, at the same time, you are aware of what you see outside of you. This is double attention. Be aware of the fact that you exist, of existence itself. If something starts to talk to you about what you see, then include that in the awareness.