



SUNDAY, APRIL 13, 2025

The Great "Un-power" that Opens the Door to Perfect Freedom

Key Lesson #1: Painful reactions are born of an unseen resistance (to life). This means our suffering isn't created by the unwanted situation blamed for it, rather it is the negative effect of being identified with a lower level of consciousness that believes the best way to deal with unwanted moments...is by not wanting them!

Key Lesson #2: Awakening is the (graduated) process of negating all forms of identification; (it is) the realization that no matter how real the feel of any familiar sense of self - for its pleasure, or pain - nevertheless: no sensation does a "self" make, any more than a wave on the sea makes the sea from out of which it rises, and must return.

Key Lesson #3: A mind divided against itself does not, cannot know that it is the creator of both sides of any conflict with life, let alone that it holds an equal interest in ensuring that each side of that struggle is constantly strengthened and re-armed with new motivations for why it must overcome whatever or whoever challenges its imagined supremacy.

Special Writing:

https://gfmisc.s3.amazonaws.com/20250413_specialwriting.pdf

Talk Takeaways

- In spite of all of the knowledge gained, in the unwanted moment, a part of us still tries to find ways to escape from the condition. But you cannot run from your own shadow. The shadow is the illusion of a self apart from the Divine.
- The "un-power" that opens the door to perfect freedom is the understanding that there is really one power.
- The Yin-Yang symbol depicts "the Father, the Son, and the Holy Spirit." The white empties itself into the black, and the black empties itself into the white. For instance: Life and death, that seem to be opposites, are not opposites at all. Life and death are one movement.
- The Yin-Yang symbol is an image of the movement of True Self. There is no real self apart from the Divine circulation of life.
- Every human being suffers your pain. And your liberation is not just your liberation.
- A sense of self cannot be separated from the pattern that is established in order to keep that sense of self in place.
- What we call our power is our undoing. The only reason to seek power at all is in the attempt to appease a fear.
- Constant planning is the activity of a nature that constantly feels threatened by life.
- If everything in life is always in movement, then how is it that we see everything as stopped, static?
- There cannot be something that you don't want without there also being something that you do want. At those moments, you are both the wanter and the not-wanter at the same time, but you do not see it. If you can see that you are both sides, then are you either side?
- The two options suggested to us in an unwanted moment are to either appease that nature, or to fight with it. "You cannot love two masters, for

you will love one and despise the other"... because the two masters are really one unconscious nature.

- If you are identified with living a certain way, you are in a constant fight with life.
- What you love is not what you say you love; what you love is the sense of self that comes out of being identified. What you really love is what you think about everyday.
- You can know whether or not what you are doing is practical by finding out if what you are doing is protecting a fear.
- We make peace with desire by feeding it. We deal with problems by feeding the problem-maker. See that feeding that nature only strengthens it.
- You cannot serve two masters, for you will feel the need to appease one, or fight with the other.
- You cannot appease a consciousness that only knows itself through the opposites.
- Powerlessness comes from imagining that we need power to appease the unconscious nature that cannot be appeased.
- Christ said nothing to Pilate as Pilate tried to push Christ into appeasing him.
- Exercise: Catch yourself talking to yourself. See that talking to yourself is the attempt to appease the fearful nature that is disturbing you. Stop feeding that unconscious nature. The power is to suffer the appearance of that nature.