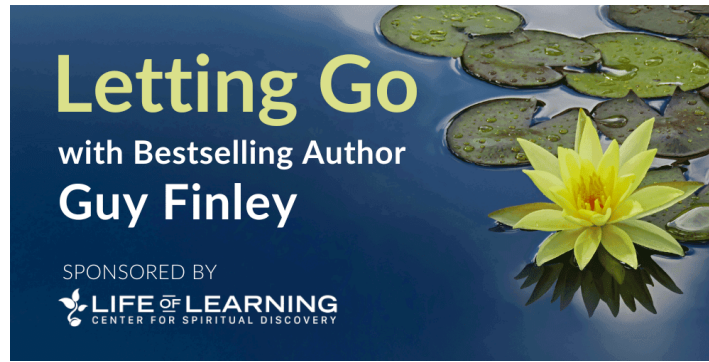




SUNDAY, JUNE 15, 2025

Reclaim this Divine Gift and Gain Entrance into the Kingdom of Heaven

First Key Lesson: To see how easily our attention is given away to what limits, or otherwise corrupts us creates – on the spot -- not only the necessity to reclaim it, but each such shock serves to renew and strengthen our intention to never lose (sight of) it again.

Second Key Lesson: In the end, all who rush are in a free fall; where – with eyes closed shut – every hurried step brings them closer to the edge of a pit disguised as a pleasure-to-come or, conversely, as a way to escape the fear of some, empty or otherwise unwanted moment.

Third Key Lesson: When it comes to all matters of a true spiritual nature, necessity is the mother of intention; and, seen or not, intention determines what we give our attention to. And last, but first in many ways, follows this truth: as goes our attention...so comes what we manifest, and experience, accordingly.

Talk Takeaways

- Two words that often go before us in any painful moment are "I want."
- There is a direct relationship between your experience of the moment, and what it is that you are giving your attention to.

- We are identified with the very condition that we are trying to escape, which creates the very experience that we don't want.
- Necessity is the mother of intention. The intention to make a true change in your life follows the seeing of the need for change.
- If you aim at nothing, you hit nothing. Intention sets direction, but attention is the means of getting there.
- Attention is taken over by negative reactions that resist the moment that challenges a precious image.
- When attention is lost, we have given in to the temptation to give our attention to a new intention that is suggested by the part of us that tells us what will enrich us.
- The two most important gifts that human beings are given are time and attention.
- As goes your attention, so comes your experience. As goes your experience, so comes your sense of self. Sense of self is determined by what our attention is connected to.
- The intention of a negative reaction is to change what it is looking at. It is looking to escape from the experience that it doesn't want, looking to find freedom from what it is attending to. And the more it tries to escape, the more places it imagines to escape to in a time to come.
- When Christ said "Resist not evil," the more original translation connoted the idea of "Do not oppose what opposes you."
- Rushing is an attempt to get to the end of the experience of yourself that you don't want. You rush to what your mind says you must attend to in order to achieve freedom.
- In placing your attention on the things that you do, you believe that you know what is important. You become so busy in dealing with what you believe is important that you have lost sight of what is important.
- Spiritual poverty is attempting to enrich yourself through thinking about yourself, through thinking about what seems to be valuable.

- Karma is life's perfect, never-ending response to what you have been attending to, high or low.
- You are a captive of your own ideas about what it means to be free.
- "Be watchful, and strengthen the things that remain." Strengthen the only thing that can't be taken from you, but that you presently give away.
- With attention, everything serves who you really are for a higher purpose. Without attention, you serve every thought that passes by.
- From out of seeing how often your attention is stolen comes the necessity to reclaim it.