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The First Real Step Back Home Starts with this Shocking Realization

First Key Lesson: Whatever we seek – or find – outside of awareness itself is not what we're really looking for. Our eventual, but inevitable discontentment with whatever we find proves this fact: what we truly seek lives in a world above the ceaseless cycle of pleasure and pain, where nothing changes except for what we hope to save ourselves through or from. But, as yet, either we're unable – or unwilling -- to see this truth that is the secret cornerstone of self-realization.

Second Key Lesson in Three Parts: Wherever exists a true need, already exists what has been created to fulfill it. No true necessity arises without what has been made to answer it...already present. What we need most deeply awaits only the realization of our deep need for it.

Third Key Lesson: Where and when does the journey start for most us, what sets us on our way? We set out to discover not just why we have an almost constant sense of being separate and fearful; feeling – as we so often do – of little, to no real consequence...but also in the hope of finding out how to free ourselves from these uninvited, dark companions that accompany us on our journey through life.

So that – seen or not – every step taken along that path that promises to lead us to the end of our isolation actually serves to strengthen the mistaken, largely unwanted sense of self taking that journey. And if that's true, then when does this painful journey actually come to an end? Here's the answer:

Only as we (awaken to) realize the true necessity of (our) life, which is what? To be where we are, as we are, and in silent agreement to be all that we see unfolding around us, and within us...and all in that same moment.

Talk Takeaways

- No moment in this life is ordinary once you discover the extraordinary nature that lives within you.
- Our lives are spent trying to get to the end of a pain that we don't even really know that we carry around.
- Necessity creates providence. Real faith is understanding that real necessity creates providence.
- A person lost in the desert has a heightened awareness of the overwhelming need for water. That which will restore the human being exists prior to the condition that revealed the need for it.
- "In your patience possess ye your soul." -- New Testament -- The original meaning of the word "patience" connotes the idea of bearing oneself, suffering oneself.
- Whenever you hear the words "give up," it is hell itself talking to you, but you don't recognize it as hell because it sounds like your own voice.
- In every unwanted moment there is an invitation for you to realize another kind of need.
- Human beings have a true need to discover, through relationship, that which remains undiscovered within themselves.
- If had not gone through difficult moments, you would not have seen what you needed to see about the fearful nature that tries to protect itself from difficulties.
- In seeing the fact of yourself, you know the fact of every other human being on Earth.
- What if instead of trying to hide from ourselves, we saw the necessity to draw closer to that which we are tempted to run from?

- What we call our necessities are the secret source of the conflict that we experience.
- It creates a new necessity every time we accept the revelation that we would usually run from.
- Discover the truth before your journey in this body comes to an end.
- How is it possible, with everything that I know, that I still suffer as much as I do?
- If my identity can be so easily threatened, then what do I really have?
- You can't give yourself light, and yet you are the one who stands revealed within it.
- The true necessity is not to get through the moment unscathed, to get away from what is unwanted. The true necessity is to SEE the nature that doesn't want the moment.