



SUNDAY, JULY 27, 2025

Stop Looking in All the Wrong Places and Start Seeing What's Right in Front of You!

Key Lesson #1: No condition that our unconscious nature imagines into existence can change, let alone liberate that level of self that, out of fear, finds itself compelled to imagine it...in order to feel secure!

Question: How can I not want a moment before it shows me I was already set against it?

Key Lesson #2: In essence, all psychological suffering arises within a mind in conflict with itself – a conflict created by this same unconscious mind comparing what is, or is not...to what it has imagined should be.

Talk Takeaways

- You keep looking in the wrong places for what you are hoping to find when you get there in a time to come.
- The condition that we see is not responsible for the conflict that we feel.
- When reality challenges what we have imagined conditions should be, so that we can be who we think we have to be, we fall into conflict and suffering.
- When the moment does not match the conditions that are happening, the mind thinks about what it needs to do in order to change and control those conditions. It imagines a time to come in which it will be whole and free.

- When we imagine a time to come, we are looking in the wrong place.
- Every time you obtain what you imagine you need to be free, you feel yourself a captive again when conditions changes, as they will.
- "What man taking thought can add one cubit to his stature." -- New Testament -- This statement asks an individual to examine their relationship with thought itself.
- This lower level of mind is always trying to free itself.
- We don't suffer because of what has happened. We suffer because the mind is certain that what happened should not have happened.
- The world always turns in favor of those individuals who are willing to see the truth of themselves. In order to see the truth of yourself, you must turn in the right direction.
- There is no freedom in a time to come. Imagining a time to come is captivity. The moment that you go into imagination about a time to come, you become a captive of the fear that conditions will not live up to what has been imagined. The illusion is that freedom is in a time to come.
- The imagination of a time to come is inseparable from the identity that is derived from that imagination. The sense of self does not exist without imagination of a time to come.
- There is genuine peace in knowing that you don't have to imagine a time to come in order to be complete.
- If you want to find your real life, you are going to have to lose the false one. "You must lose your life in order to gain it." -- New Testament -- What you believe is your life now is in fact the source of your pain.
- The conditions that come into our lives are not set against us. Conditions are given to us in order reveal the false life that we have identified with.
- Fear of death is the realization that you are running out of the time to come in which you imagine you are going to be free.
- "There is nothing out there for you." Don't rescue yourself with thought. Don't look out there for a way to transcend the suffering that has been produced by looking out there.
- There is nothing practical about being in pain over conditions that you can't control.

- Realize that there is no "out there," and there is no real self that needs to imagine it. Realize that the time that we imagine we need to change is not coming. Either we are being changed in the moment, or we are not. Catch yourself looking forward to a time to come, and see the sense of self connected to that thinking.
- The more you don't want to feel something, the more you are thinking about it. Which means that resistance IS identification. Your task is be aware of the nature that does not want what it is experiencing.
- The true examination of your life is through what is revealed, not through what is sought after by the mind.