



WEDNESDAY, AUGUST 27, 2025

Step Out of the Snare of the Sleeping Mind

Original Talk Date: 8/24/2016

Key Lesson: Spiritual wisdom is our greatest wealth and, as we realize the truth of this -- so that true self-knowledge becomes our single greatest wish in life -- each moment of every one of our relationships serves as the secret path to the summit of ourselves.

Special Writing: "The Secret Path to the Summit of Ourselves"

https://gfmisc.s3.amazonaws.com/20160824_specialwriting.pdf

Talk Takeaways

- There is a kind of spiritual armor that reflects everything you need to know in any moment in order to truly move past it.
- There is a nature inside of us that would rather not see the truth of itself.
- The Light is an anchor that can keep you grounded when thoughts and feelings want to carry you away.
- Spiritual work is a form of spiritual warfare. It is you understanding that there is something set against you in the dark of yourself, and the only ally you have is the Light which shows you that darkness.
- The false peacemaker always appears in the darkness, and that's because it appears out of the darkness.

- When all you can see is darkness, you must realize you wouldn't see the darkness if it weren't for the Light in you making it evident what your actual condition is.
- Every last moment of darkness is a special moment that you must begin to see as such if you want to be free.
- "I am the Light of the world" refers to that which is brought into unconsciousness to illuminate it for the purpose of revelation.
- We are intended to have a conscious relationship with the Light in order to reach the summit of our souls.
- To be transformed by truth, we must first see the truth of it.
- That which shows a weakness in us is not doing it to punish us. A weakness wants to hide a weakness, but what wants us to see weakness is a strength yet realized.
- We are never nearer to knowing perfect freedom than when we dare to enter the darkness within us armed only with the remembrance of this following fact: freedom is not created, which means it cannot be destroyed, it cannot be lost, any more than the onset of night destroys the light of the sun.
- The nature of real freedom is not a freedom that is created by us, but one which invites us into its timeless existence.
- The Light within us is connected to a higher Light from above, and its unrealized possibility is to be able to see ourselves through the eyes of God.
- The only thing we fight with is what a false light within us has told us has taken our freedom from us.
- You don't need to scramble to make things okay, you need to see the scrambling.
- The principle of anything is always anterior to the nature that expresses it. The principles that produce Light already exist in the world above us that is within us. We must be there if we want to be a part of those powers. We can't claim them as our own but we can call upon them.

- The mind can't change itself; something must come into it from another, higher world so that what is above can be actuated in the world below.
- An aspirant must will themselves to see what they are being shown, if they wish to fulfill the purpose of their existence.
- Attend to what you are being given to see, without changing it.