



WEDNESDAY, SEPTEMBER 10, 2025

Dying to the False “Doer”

Original Talk Date: 9/9/2015

Key Lesson: We live within a dynamic field of celestial energies whose natural opposition to one another ceaselessly creates what we feel as a "disturbance" within us: moments when primal active forces meet what naturally resists them, giving birth to an order of suffering that's part of the process of creation. It is only in the presence of these higher energies -- at the peak, actually -- that the forces needed for our transfiguration become available; for in our dawning awareness that their supernal struggle is one and the same as our own -- and in our willingness to consciously suffer their Divinely ordained union -- it is no longer "we" who are aware, but rather we are brought into that timeless awareness itself... from out of which these opposing forces have come, and back into which they return.

Talk Takeaways

- Inside of us there is a nature that only knows itself through identifying with a creation of its own imagination.
- Our true hope for changing our level of being rests in coming into contact with a living source of truthful principles, something that can help us see the fact of our situation.
- Constant comparison is not necessary for your true nature. Comparison is the activity of imagination.

- The mind always has a reason as to why you are suffering. In reality, the suffering as it originally appears does not belong to "you," but is a necessary part of creation.
- The reason that your suffering feels solid is because of the mind that attempts to explain what it means.
- The moment that the mind has identified the source of what it calls its suffering, it then believes that it has to DO something about it. That nature's unspoken command to you is: "You must do as I direct."
- There is a ceaseless disturbance that is part of the process of creation itself, and we are intended to participate in that creation through awareness of it.
- Plans to not suffer IS suffering. Making plans to be free IS captivity.
- It feels like we are active when we are negative, but we are actually passive to the negative state acting upon us. What we call "proactive" is nothing but "reactive."
- You can't be important, and naturally participate in creation at the same time.
- All of our "doing" in order to avoid suffering has not released us from that suffering. All "doing" in order to reconcile suffering locks us into the level of self that imagines that it knows what to do.
- Every action taken by the false "doer" to alleviate suffering is the seed of the next suffering. The false "doer" does not really want to resolve the suffering; it wants the continuity of the nature that does something about the suffering so that it can preserve its command over the human being.
- The beginning of real "doing" is to begin to NOT do what this lower nature commands us to do in order to free ourselves from suffering. Real "doing" is alignment with the intelligence that will not betray itself, the intelligence that knows the purpose of the suffering.
- Spiritually speaking, awakening cannot be separated from the realization that you cannot "do".
- Whatever you do in order to escape yourself ties you to the self that you are trying to escape from.