



WEDNESDAY, SEPTEMBER 24, 2025

Let Awareness of What You Feel Go Before You

Original Talk Date: September 21, 2016

Key Lesson: What good is the love of Truth without standing up for the freedom it promises to those whom love it? This means that we must attend to, embrace, and then enact what is Light, Right, and True, even in the midst of all that may seem wrong within or around us. Only by daring to bring this intention into the midst of any such dark moment are we given to see -- first hand -- how His unfailing strength is made perfect in whatever may be our weakness.

Talk Takeaways

- We falsely believe that we are actually serving ourselves when we identify with thoughts and feelings.
- Realizing that you can do better than get negative is the herald of the Divine in an individual. It is the beginning of understanding that you are not who you think you are.
- It is conscience that lets you know where you have missed the mark. Judging yourself over having missed the mark is not conscience. Conscience never judges.

- You will repeatedly meet moments where you are shown -- beyond the shadow of a doubt -- your imperfection. The important question is what you do when you are shown the imperfection. We have been taught to be afraid of imperfection.
- The work is about helping you awaken to something inside of you that wants to change but doesn't know how to go about it.
- You have been taught to be afraid of being imperfect. Your only hope is to recognize your imperfect state, which can't be authentically realized without the perfection that shows it to you.
- The act of judgment is proof of a self that believes it is perfect.
- We begin to appreciate the storms we have had to go through when we realize that there is no other way to see the fact of our condition.
- To do a little better each time means to be a little more willing to see yourself as you are without excuses or justifications. To do better is going to feel worse to the wrong part of you that is not interested in doing better.
- Faith is the understanding that if you will go through what is being revealed, you will be released from the authority of what is being revealed.
- "Now faith is the substance of things hoped for, the evidence of things not seen." -- New Testament -- The way that we have a relationship with things unseen is that we have the capacity to feel it.
- Change is always taking place, but we presently live outside of that field through identification with beliefs, thoughts, ideas and imagination. The nature that we live from cannot discern a shadow from what is real.
- What is the obsession with possessions? Possessions are the shadow of security. They are not the thing. Our culture is dedicated to making the shadow seem real.
- Turn around and face the very light that you say you have faith in, instead of having faith in the action that you are always led to take by a part of you that always wants to avoid seeing the fact of itself.

- Our hope lies in meeting the fact of ourselves. We are shown the fact of ourselves so that we can be changed by that revealing light.
- The shadow that you see does not exist without the light that is behind it. The weakness that you see does not exist without the light that reveals it.
- It is not possible to be shown something in your consciousness without the light that shows it to you. If you don't KNOW that you are being given to see these things in consciousness, then you think that you ARE those things. Turn towards the light that is showing these things to you.
- What is imperfect in us is made perfect when at last it is brought into what reveals it for being what it is.
- Recognize that when you are running and avoiding, what you are really running from is the resistance to the revelation being offered. Then remember that you can do better.