



WEDNESDAY, OCTOBER 8, 2025

How to Find and Enter the Place of Lasting Peace

Original Talk Date: October 12, 2016

Key Lesson: No unwanted, painful condition in life can be separated from the parts of us that resist its appearance... anymore than what we see in a mirror can exist without what's being reflected within it!

Talk Takeaways

- We have no lasting peace, no constant fulfillment of our heart and mind, but rather what we do have is a string of fleeting pleasures that momentarily distract us from the fact that we do not have peace and a heart that is full.
- The problem with a life connected to passing pleasures is that the self that finds itself through those pleasures is insatiable.
- There is no peace in a plan. There is no peace in a pleasure. There is only a momentary sense of well-being.
- Because of the fear of death, we ceaselessly run after possessions and experiences that we can give to ourselves that we think will somehow lend us a sense of immortality.
- The part of us that is looking for a way to live forever does not understand that nothing in the Universe comes into existence alone... everything has its

opposite. For instance, there is no life without death.

- What we call life and death are not opposing forces. Rather, they are complimentary opposites.
- We do not presently have awareness of the Vine from out of which the branch grows. We have no connectivity to anything that is eternal. The Vine is eternal. But all we know are the branches that we are identified with and derive an identity from.
- Human beings are not connected, as they are intended, to what is Celestial. Instead, we are connected to what confirms who we believe ourselves to be.
- You can know that something is empty of any real substance, value and meaning when that thing never satisfies, no matter how much of it you give to yourself. The pursuit of things that are empty produces deeper levels of attachment and dependency.
- The illusion of peace comes in the form of the next thing you can give to yourself in order to reconcile the disturbance you are feeling.
- What is required is not a new condition, but a new understanding of the need to connect yourself to something different.
- The real gift of life is one's relationship with the source of life, and can never be found in the things of life itself. The real gift releases us from any further attachment to whatever may have been prized in this world, as well as from the level of self that imagined it could complete itself through its pursuits.
- Real reconciliation is the completion of something, not its continuation.
- No disturbance appears without the awareness of it. That awareness always exists. It is there wherever opposites meet.
- Peace lies within the understanding that you are created to be aware of the disturbance. Conflict is being handed off to the part of you that believes it knows what to do about the disturbance.
- If we attend to the awareness of the opposites, we are connected to their source. Presently we attend to what we are given in order to reconcile the opposites, when the opposites are already reconciled in creation.

- We are habitually drawn to the path of least resistance. We can begin to see what we are drawn to, so that we can see where we wander into the wrong places.
- We want to be connected to the awareness of this lower nature and what it wants, not to what this nature wants you to be aware of.
- The human heart cannot know any peace until it is connected to that which has given it birth.
- Awareness is what harmonizes the opposites, and in that harmonization is the end of the former disturbance. Something new is born.