



WEDNESDAY, OCTOBER 15, 2025

The Right Answer to Reconcile Every Moment of Life

Original Talk Date: October 19, 2016

Key Lesson: Best keep your eye on the interior life; let it be first and foremost. If the direction of outer life interferes with the awareness of the inner, follow the inner. Better they marry, but never allow what is outer to have precedence over the inner... and should this be so, if you're not yet able to do otherwise, then let this (state) be as a sorrow to you until, from out of it, comes the discipline needed to put first things first.

Special Writing:

https://gfmisc.s3.amazonaws.com/20161019_specialwriting.pdf

Talk Takeaways

- The possibilities contained within any spiritual idea depend upon you seeing the value of it.
- Everything that we do in the face of a moment that we don't want is a direct rejection of the Will that is producing that moment, a direct rejection of Reality.
- We express the will of what we understand. That will rejects any understanding that runs counter to what it thinks it knows. That will is not

willing to understand that the moment can't be anything other than what it is.

- Everything that is being created is the first of its kind, and that includes who you really are. The old nature can't stand that idea and rejects it because it means that it cannot continue to exist as it has.
- If you are not aware that you are not the reaction to a disturbance, then you are a follower of the reaction wherever it wants to go.
- There is no "you" that is aware of the disturbance. The disturbance and the awareness of the disturbance appear at the same time.
- When something is observed, it is changed by the very observation of it.
- When something happens that you do not want, there is a mad scramble to put everything back together the way it was. The scramble cannot be separated from the level of self that believes it is doing something valuable.
- An opportunity exists in each moment to see that you presently live from a will that rejects the Will of what is Divine. In that moment of presence there is the awareness of both wills.
- Every time it looks like something is changing, if it challenges your old answers, then you have to come up with a new answer to restore your imagined peace.
- Each new creation that is brought into the moment is being washed away in the same moment that it is born.
- Anything that beckons you to follow something that will lead to a resolution of the disturbance, is itself what was intended to be revealed by the disturbance.
- In moments of beauty, nothing is out of place because everything is new.
- Our authentic nature is always new and always being born again. To be this new nature, we must recognize that our will -- as it is -- is the impediment to that newness. Our will is not the way to newness as we presently believe.
- What you imagine is going to be a "new you" in a time to come is already the old you.

- Humanity is in a constant struggle with the Will of the Divine because that Will interferes with what the lower will believes is needed in order to reconcile the moment so that it can continue on as it is.
- To identify with anything known is a form of following.
- Don't follow any plan to relieve or rid yourself of a fear or worry. Don't follow impatience or any of its justifications. Don't follow the path of least resistance. Don't follow the promises offered by any anxious feeling. Don't follow the command to defend yourself. Don't follow the temptation to relive the moment. Instead, be the first to bear the pain of the nature that wants you to follow its directives. Be the first to go through the resistance. Be the first to slow down. Be the first to not defend yourself. Be the first to lay down your life.
- We follow the tracks of thought, while thinking that we are the originators of the tracks. Our true nature does not follow anything. As often as possible, catch yourself following the tracks of thought.