



WEDNESDAY, NOVEMBER 19, 2025

By What It Gives Itself To . . . Is the Heart Filled

Original Talk Date: November 23, 2016

Key Lesson: Part 1: It is impossible to hear the "Voice of Heaven" -- to be in any level of communication with real conscience -- and to be talking to yourself at the same time.

Part 2: In stillness, I see. In silence, I hear. Seeing and hearing in this way, I am instructed... And come to understand.

Talk Takeaways

- Attention is connection. Most of us are randomly connected to life by a mind that is ceaselessly distracted and derives an identity from what it connects itself to.
- Connection is exchange. There is an exchange that takes place between the observer and the observed when, through our awareness, there is no longer any separation between the two.
- Exchange is communion. Wholeness appears whenever what is above our present level of consciousness reveals and acts upon what is below.
- There is a connection, exchange, and communion with whatever we give our attention to -- whether it is a timeless truth, or something harmful that causes conflict.

- "And the disciples came, and said unto him, 'Why speakest thou unto them in parables?' He answered and said unto them, 'Because it is given unto you to know the mysteries of the kingdom of heaven, but to them it is not given. For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. Therefore speak I to them in parables: because they seeing see not; and hearing they hear not, neither do they understand.'" -- New Testament.
- The longing for the Divine comes with a kind of dissatisfaction for anything other than that communion. The purpose of real spiritual work is to gradually awaken something in you that wants nothing other than what is Divine.
- There could be no experience of holiness without the subsequent sensitivity to the conditions that reveal that level of consciousness.
- Presently we want to commune with the Divine only when it pleases us and when we get what we want. Real communion is not about getting what you want or seeing what you want to see. Communion is connection with "what is."
- You can't talk to yourself, console yourself -- or otherwise have the comfort of judging or hating yourself -- and at the same time hear what the Divine wants to show and tell you about yourself.
- We are intended to be in a communion with life, based in humility, whereby we are not judging and rejecting what is being communicated.
- Understanding comes through revelation of what does not work.
- The greatest lie that darkness tells is that you are not supposed to suffer. And because of that lie, all you presently have is useless suffering. Whereas useful, conscious suffering is an understanding of the purpose of that same suffering.
- You can't see what you don't want to see, and the only hope you have is to SEE that. The clearer you see that fact, the more you will understand that there is something in you that doesn't want anything to do with what you are being shown about yourself.

- You can't die to yourself until you understand that to die to who you have been is actually your true role. The mind talks to itself in order to distract you away from your true role. Your true nature was created for the experience that you are presently refusing.
- You think you are alone by yourself, but you are not. But as long as you THINK you are by yourself, you are. Talking to yourself, consoling yourself, is you being all alone with yourself. The only way you will really understand that you are never alone is when you are willing to be fully alone, which means not talking to yourself about yourself.