



WEDNESDAY, DECEMBER 24, 2025

A Tough Talk About the Nature of True Individuality

Original Talk Date: December 28, 2016

Key Lesson: In this world we are seized by desires that affirm the illusion of the opposites wherein, from out of their appearance, is born a separate sense of self that feels it must possess what is desired, or "die". In the spiritual world there is a holy desire; but being seized by it leads to the abnegation of identification; because what holiness desires is atonement: the end of the false sense of self created by unconsciously identifying with any opposite.

Talk Takeaways

- Authentic change cannot be separated from those moments in which you see that you are not who you have taken yourself to be.
- Each leg of the spiritual journey requires that you see more than you have seen before; otherwise you are seeing nothing but the same thing over and over again.
- Human beings are finding themselves more empty and devoid of meaning, and as a result they are in a panic to make things meaningful so that they can experience themselves as they believe they are.
- Something in us tries to extract an identity from the Christmas season, which ironically is really all about giving up identity so that there can be a new life.

- As we are presently, one single experience can negate all that we think we are. This is the proof that we have been investing ourselves in the wrong things. How many moments have come along that have obliterated all that you attest yourself to be?
- Life is consistently bringing about a ceaseless reconciliation. But Life can only act upon that which is open to receiving it.
- You cannot call out the things you need to see about yourself. Only the goodness of the Divine can call out of us that which must be revealed in order to be healed.
- The only thing you fear is that which threatens your identity.
- Each individual creature in nature is a representative of a single organism with a single purpose, which is to serve nature. On the other hand, we as human beings believe that we are the individuals we have imagined ourselves to be.
- There is no experience that you can have that has not been experienced by someone before you. And yet we tend to believe ourselves to be a unique individual because of the uniqueness of the suffering we have to go through.
- The feeling that you exist as an entity that is different from everyone else... is exactly what everyone else feels.
- You keep imagining an experience that is going to change you. But that nature imagines experiences in order to strengthen its identity. It is not interested in changing; it is interested in its own continuity.
- As long as you keep deflecting the revelation that you are not who you imagine yourself to be, you will remain who you imagine yourself to be.
- Just as within the acorn lives the oak, so within you is the Christ, God's life on earth.
- Everything that grows returns to where it came from.
- The acronym from the doctor story was "CHEOTCK", which stands for "Common Human Experiences Of The Circumstantial Kind."

- Only intentional experience matters. Intentional experience is the same as withdrawing from the unconscious experience of yourself. Intentional experience means that your sense of 'I' is not defined by outer conditions and events. Presently our identity is a derivative of circumstance.
- Do what you don't want to do, when you don't want to do it. If you do that, you will meet the nature that you have called 'I' up until now. You get to see what you are not. At least once per day go completely against yourself, and then watch what happens.